

*A Course In
Witchcraft*



*Presented by
Rev. Brian S. Morgan*

AN INTRODUCTION TO WITCHCRAFT



Before you, are the first steps to start a life of magick and opening your eyes beyond that of an ordinary everyday human. It will change your entire perception of the world. This course is meant to form your foundation, to give you the building blocks to excel further. You must crawl before you can run, you must learn to speak before you can read and write and must learn balance before you can walk a tight rope. Take one step at a time, do not rush things and have patience. You have all the time you need, you learn at your own pace. And always remember, do not feel the need to be competitive with others on this same path. It is about your personal relationship with the universe.

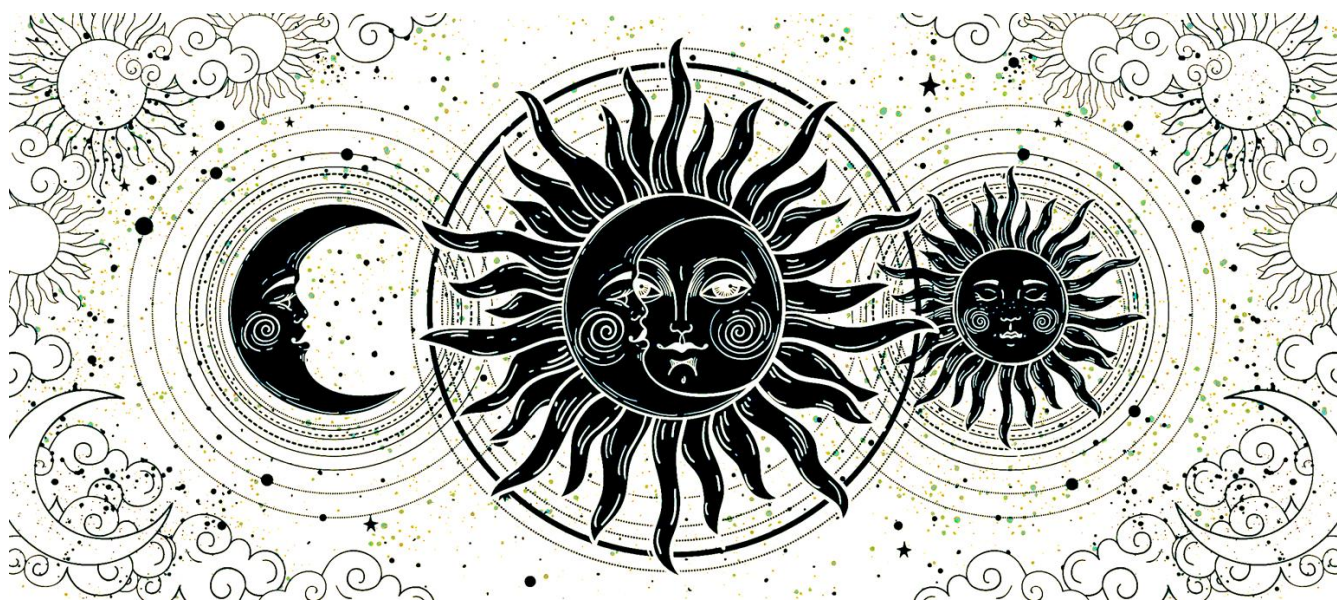
This course is what is known as your "**A year and a day**", which is the time period it will take to complete. You can take longer if you need but a year and a day is the minimum. Witchcraft takes a lot of dedication and personal work. It is not like other religions that just allow you to 'follow' or let one individual control everything about your spirituality. Witchcraft teaches you to be your own priest or priestess and to have control over your own life, control over your own environment. Which is why this "year and a day" is set before you. During this time period, it is for you to decide whether this is the right path for you. After this period, you will be able to be initiated and at that time you will have to take an oath. Oaths are very serious in paganism, you are declaring to the gods to hold a promise to be dedicated and there are always consequences for breaking an oath, but more on that later.

Everything in each lesson should be read carefully and fully understood before moving on to the next step. Reread it if you must, this also includes the books that are listed at the beginning of each lesson. Take the time to absorb the knowledge, read a page or two and take time to contemplate what you just read. You can ask yourself things like "how does this relate to my life?" "how would I go about this task?" and so on.

There is no need at this time to worry about devoting yourself to a specific deity or a particular pantheon. Right now, you are learning the basics; what paganism is, what witchcraft is, its history and its application.

When going through your lessons from here on out, it is essential to start to develop daily practice. The best time is in the morning or whenever you awaken for the day. In most cases the practices will only take about 10 minutes. If you absolutely cannot do every morning, try for a minimum of 3 days a week. At the end of each lesson, you will be required to write a report on your experiences but make sure to keep a copy for yourself to go back over in the future. You'll be thankful that you did. This is the time to acquire a journal. This can be considered your "book of shadows". You'll want to write about your experiences and what you have learned as you work through this course.

Witchcraft is a lifelong path. You're not going to learn everything in a day or even a year, some lessons can't be learned from a book, but only through the experience. Some wisdom is gained only by living it. It can't be stressed enough that you get out of it what you put into it. If you only put very little of yourself into the work, only practicing once in a while, then you will only see little results if any. However, if you are someone who puts a lot more effort and practice regularly, then you may see much quicker results. It's all about how to apply yourself.



Each lesson corresponds to an element as listed in the title of each lesson. At the end of each lesson you'll be asked to do an exercise and write a report based off that element. On the next page is a table of **Elemental correspondences**. You'll want to use this to aid you in your work. Everything in magick is broken down by its energy influences, which corresponds with the four basic elements. Which in turn helps you direct your energy towards your specific goal when practicing ritual work. As we work through this course this will become much clearer and this table will make much more sense.

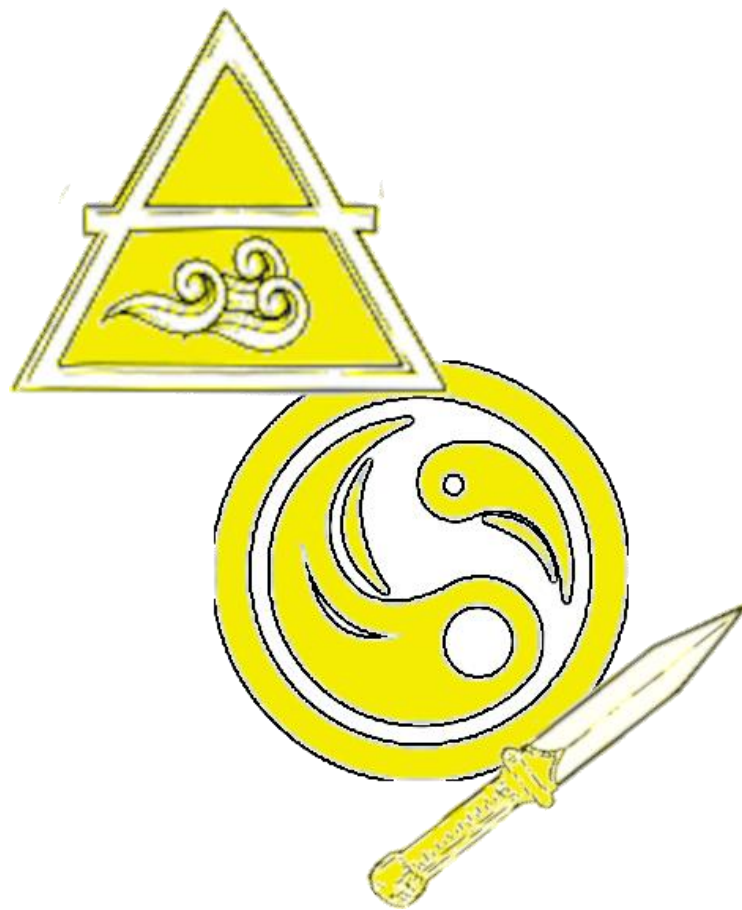
Table of Elemental Correspondences

	AIR	FIRE	WATER	EARTH
Direction	East	South	West	North
Color	Yellow	Red	Blue	Green
Tool	Athame/Incense	Wand	Cup/ Chalice	Pentacle/ Salt
Tarot	Swords	Wands	Cups	Pentacles
Zodiac	Gemini, Libra, Aquarius	Aries, Leo, Sagittarius	Cancer, Scorpio, Pisces	Taurus, Virgo, Capricorn
Season	Spring	Summer	Fall	Winter
Elemental	Sylph	Salamanders	Undine	Gnome
Time	Dawn	Noon	Sunset	Night
Action	Intellect	Creativity	Emotion	Physical
Symbol	△	△	▽	▽



Lesson 1

The Element of Air



The element of your mind and of knowledge

Lesson 1



Recommended Companion Reading

- An ABC of Witchcraft Past & Present: by Doreen Valiente
- Buckland's Complete Book of Witchcraft: by Raymond Buckland

These books are the basics and give the best overall view of witchcraft. You will eventually find out that many books that cover 'Wicca' or 'Witchcraft' say the same things over and over in every book and just word it a little bit different each time or just give it a different theme. While at this stage you are not ready for spells or rituals yet and we will cover ritual and ritual tools in a later lesson, it is still good to read about ritual work. For now, you are instructed to just focus on this first lesson. Work on the exercises and read. Knowledge is power.

Air represents the mind, intellect and knowledge and the cardinal direction of the East.

The East is the rising sun, the beginning, where all things start. As a witch we try to attune ourselves to nature and our surroundings. With most ritual work, we are trained to always face East, although some traditions face North, but universally East is the direction where we begin and address the universe. The rising sun was a sacred daily event to most ancient cultures around the world and facing the rising sun while addressing deities seemed to have the most powerful impact. Doing rituals at dawn also seem to be the most effective. Air also represents communication and speech. It is a time of new beginnings.

With that understanding, this lesson is therefore mostly academic, other than a few meditation and visualization techniques. In this lesson you will be learning the foundations of witchcraft, its history, what the different types of witchcraft are and your first basic skills of magick. This is where you will be defining what being pagan and what being a witch is all about. You will learn what is reality and what are common myths about witchcraft. We will not be covering anything about the burning times or witch trials. All that history really has nothing at all to do with witchcraft or paganism but has more to do with the fears and hysteria of the old Christian beliefs.

Modern paganism is about following the ways and beliefs of our pre-Christian ancestors. Some of them practiced magick and others did not. Much like today but the cultures followed the same gods. There were no means of being converted, if you were born in a Celtic tribe, you were born and raised believing in those gods or if you were born in Egyptian society you believed in your people's gods. Each had their own way of daily

devotion to their deities and their own forms of magick. In modern times we have the ability to choose which culture of paganism calls to us the most. We have access to all the information we could ever want, which is what makes our spiritual practices completely different from our ancient ancestors.

Paganism and Witchcraft are two different things. Witchcraft is something you do as part of a spiritual practice. Paganism is an umbrella term for a group of religions and spiritual beliefs. It is like saying prayer is what Christians do as part of their spiritual practice. Well witchcraft and magick is what pagans do as part of their spiritual practice. However, it must be noted that not all pagans practice witchcraft and magick, as well as not all witches are pagan. There are Christians who practice witchcraft as well. The exception here is Wicca. Wicca IS the religion of witchcraft. Its entire structure is built around practicing witchcraft and wicca falls under the pagan umbrella. One quote you will hear a lot is “Ask 10 pagans what paganism is and you'll get 13 different answers.” Even if you do an internet search between google and other definition websites you get different answers. This is because paganism is a personal spiritual relationship with how one views the universe and the relationship an individual has with it. There are no set doctrines on how to worship or sacred holy books. However, those claim to be pagan as a religion are generally those who've decided to follow a certain pantheon of gods tied to a specific ancient culture that predated the spread of Christianity.

Concerning the Gods.

From the aspect of pagan witchcraft, working with deities is a big part of our practice. Later on in this course we will be covering how to work with and build a relationship with a deity. For now, one of the things we will quickly cover is the universal pagan view.

A common mistake most people make is that each culture puts deities in the same package. Meaning they think there is always a god of love, a god of war, a god of death etc. Once you start digging into mythology deeper you soon realize this is only true for Greek and Roman deities and Egyptian and to a smaller part the Norse gods. Once you step out of that realm especially with Celtic gods, that ideal no longer holds up. The thing to look at is those ancient cultures mentioned were all in contact with each other so it makes sense that there would be some similarities. However, every deity is unique to its culture, and you can't just universally look at each pantheon as this is the god for this ability so they all must be that way. For example, the Mercury deities, Hermes, Thoth, and Odin. The popular belief is that because they all ruled over some sort of written alphabet that they are all the same. When you examine the 3 it ends there. Hermes was a messenger of the Greek gods and the others were not. Thoth recorded the deeds of every human and the others did not. Odin was the chief among his pantheon of gods and yet the others were not. Some try to lump the Celtic god Lugh into this mix which is highly ill informed because he shares none of these qualities and is known as a sun god. The Celts had a god who invented a writing system which was Ogham and yet he is also the champion warrior of his pantheon of gods.

If you are pagan and choose to start working with deities, this is something you really need to understand. Each deity is unique to their own pantheon; they are not the same entity in any other culture. What the gods are is a higher form of consciousness greater than our own being. They exist in realms that are parallel to our own but are beyond our physical understanding, so we develop symbols and concepts to try to comprehend who and what they are. We do not worship them, since worship implies bowing down to give something power over you. No, we honor them and see them as role models and entities of inspiration and they are our teachers. We give the gods offerings and our attention. We try to build a relationship with them and live our lives in way that they hopefully take notice of us and wish for their blessings.

The concept of absolute good versus absolute evil does not exist in the ancient pagan world view. Those are perceptions of the Christian doctrine. In the pagan world view, there is order and chaos. Order is not necessarily good and chaos is not primarily bad. It's the process of the universe. One cannot exist without the other nor can the human mind understand one without the other. In all the stories of the gods they all operate in this manner. There is a protagonist that represents chaos and the hero that represents order. You can't have any sort of heroic tale without both. In that same ideal, we do not learn the most from our victories, we learn the most from our failures. This teaches us how to succeed. We must first go through chaos in order to learn how to bring things in order.

One important thing that you will one day realize is that everything is built on perception. Just because your own perception sees a thing in a certain manner does not mean another person will see it in the same way. As you go through life your perceptions will change. The ability to accept change is one of the biggest life lessons we can learn. Change is chaos and our acceptance is order. Fighting change will just bring more chaos in our lives. If we learn to adapt to the situation and take control of our surroundings then we will have order.



MAGICK

A Definition and Understanding

Witchcraft and Magick are basically the same thing with the same meaning, it just depends on which culture, tradition or set of ideals you follow. Those that identify as a 'Witch' would be more often to use the term "witchcraft" but not all who practice magick identify as witches. This is because there are many different traditions in the field of magick. However, for the remainder of this manual we will just be using the word Magick as it is able to encompass a wider variety of ideals.

First let us explain why we spell it with a 'K' at the end. It was originally developed that way by famed nineteenth century occultist Aleister Crowley. It was from the original Greek spelling. He did this so it can be differentiated from stage magic and stage magicians. It has always just stuck since then and works well in the world of witchcraft and the occult. So, magick spelled with 'k' denotes spiritual magick. Magic without the 'k' denotes stage magic. Stage magic is something that is done for entertainment, it is an illusion for an audience. Spiritual magick is never performed in front of anyone other than those who are part of the ritual and is part of spiritual growth.

The definition of Magick was greatly summed up (again) by Aleister Crowley:

"The Science and Art of causing Change to occur in conformity with Will, including mundane acts of will as well as ritual magick"

and yet another definition from your author:

"The exploitation of the capabilities of the human soul"

One could also say it is: **"The ability to control coincidences according to will."**

Magick which is a more universal term used to describe witchcraft. Your 'Will', which is your desire, your want, your need, to make change in your life and in the universe. Magick is also the ability to make change in your consciousness. It is the power that is drawn from within yourself and also drawn from the outer world. This power is then harnessed and focused into a objective and/or subjective goal. There are many forms of magick, whether it be through an elaborate ritual, a simple meditation, spell work, or praying to the gods, there are as many techniques as there are cultures. Magick is an action as well as it is a feeling. It is part of you as much as it is part of the universe around you. The practice of witchcraft allows you to control it and tap into it and better yet to awaken it in your conscious mind.

Magick is not just something you do it is also something that you have. It is an energy. An energy that is inside of you and something that you can build and make stronger. It is

part of our human souls and our ability to interact with the nonphysical world. It is our way of becoming closer with the gods we honor. The terms 'Black Magick' and 'White Magick' is just an illusion. Magick is not a color; it is not a gender it is not even a perception. Magick is a part of nature. It is as nature is. It is the tool in which you project your desires.

Take water for example: Water can be destructive like in a tsunami and kill thousands or can be nourishing and life giving as it is what are bodies crave and are made up of. In either case you don't call the water black or white, good or evil, it's just water, it is a part of nature. Magick in a sense is the same way although you can control what it does, therefore you the practitioner would be the positive or negative force behind it. There is also the terms **“Low Magick”** or **“Practical Magick”** (as it is often called) and there is **“High Magick.”** Low Magick and Practical Magick are terms used to describe magick that affects the material plain, the physical plane. Hence, the term **“Low”**. Money spells, Love spells, Spells to get jobs, banishing's, are all forms of **Practical Magick**. High Magick is a form of magick that works to raise your consciousness and connect with the gods which is why it is called **“High”** magick. High Magick works a lot with astral projection and traveling the otherworlds.

Magick is a science. You may have heard the term Occult sciences; well this is because it is treated in the same manner. Magick is a science that modern day science and physics just have not figured out how to measure yet. If it wasn't for witchcraft and the occult modern science would not exist. For example: From herbalism came modern medicine, from alchemy came chemistry and from astrology came astronomy. Even mathematics was considered a magickal art. All this was once considered magick at one point in time. Once science is able to completely understand consciousness, magick should soon follow. Science is the act of making a prediction that a certain outcome will occur if a series of events take place. When you get further along in your magickal practices you will be doing the same thing. Writing your own spells and experimenting to see what works and what doesn't.

The ultimate aim of working with magick is to awaken the consciousness of your own inherent divinity, the god or goddess within. The mind and personality are but a faint expression of it. The physical body is its far distant reflection. You are in complete control of everything that happens to you. Whether or not you view it as something bad or good, your thoughts have the ability to project themselves here in the physical universe. If you think of something hard enough, it will surely come to pass. In the sense of magickal workings, this becomes amplified. Those that follow witchcraft and practice magick have no fear over anything physical or astral however, that is a point we seek to reach. When that point is reached, the practitioner has accomplished the most fundamentals of this path. For not even death should be feared because once you have been spiritually trained, you know exactly where you are going after your physical body has reached its end. Whatever happens to you is your will and the fate of the universe. You cannot always control what others do but you can control what you do and how you react. Every experience, whether bad or good, is an experience to be learned from. There is new

knowledge to be gained from every situation. It is what you take from it that matters. How you perceive the moment and what you do in that moment. Because in the end the only things you can take with you is your knowledge and experiences.

Dangers of Magick

A bit of warning, there are dangers along this path of magick, and the practitioner should be aware of. That is why it is essential that your first workings to learn are banishment rituals such as the Lesser Banishing Ritual of the Pentagram. During your first few years of practicing is your most dangers because you are at your most vulnerable state. And negative entities know this. Donald Tyson summed it up best when he wrote:

“The dangers of magick are psychical. Only by reaction do they become psychical. Entities attack through the mind. The mind is the access spirits have into the human world. They play upon the emotions by manipulating desires and fears. They test the intellect by challenging accepted moral foundations. They distract the senses and cause illusions both attractive and horrifying for the same purpose of luring the Magus off his spiritual path. The danger becomes psychical when such entities succeed in unbalancing the mind of their victim, and self-destructive or murderous impulses arise that his weakened will can no longer cope with.”

“There is another lesser-known danger. When dark spirits discover they cannot command the mind of their intended victim directly, they seek to harm indirectly by entering the bodies of other men and animals close to him. Those with psychic vision can see such demons peering out through the eyes of men, women and even children who are totally unaware that they are the host of a supernatural intelligence. Friends will suddenly become foes. Arguments and fights will erupt for no reason. The victim will feel the social atmosphere around him pervaded with hostility.”

As you can see, witchcraft is nothing to play with. Also, if you are not properly prepared with banishing and/ or barriers you leave yourself open for attack and when summoning, evoking or invoking you can easily unleash highly negative entities that can be very destructive. However, as you practice and the more you practice, your will become stronger and these dangers become less of an issue, to the point that these entities would rather flee from you. However, that is at a point that you become more advanced and it will take quite a bit of time, even years, so don't get conceded.

Turning Points: There will be points in your practices that will let you know that you are becoming more advanced. Some of these points are -When you start dreaming of magick and using it in your dreams. At this point you will have built your practices into your subconscious, and it will have awakened within you. Especially if you end up doing a whole ritual in your dreams such as the LBRP. -When you see your magick work. When you cast a spell or set up a Ward and you see it work, you definitely know you are becoming advanced. -When you start thinking magickally. For example, you start looking at things from a magickal perspective like walking into a hardware store and thinking “that wood would make a nice altar” or looking at tree and automatically start thinking of it's

magickal properties, etc.

-Seeing your magick work before you even do the ritual. There will be times that you may focus on doing a ritual and have the results happen before the ritual is even done. This is a major turning point in your practice because your mind has become magickal and you have learned to focus. However, you must still follow through with doing the physical ritual even though the results have already happened.

What does it mean to become a witch?

Witchcraft is a calling, a lifelong journey. For some it is just a part time hobby, but for others, it becomes who they are and is part of their identity.

There are two types of witches; the eclectic modern witch who incorporates various practices from various traditions; and then there's traditional witchcraft which focuses on one cultural pantheon of deities and works with their surrounding environment and nature to become more in tune with the land they inhabit. Both are a spiritual journey, and both have their pros and cons. It's an individual decision and personal preference.

Historically in ancient times, witches were the village shamans, medicine people, they predicted the future, were healers, and spiritual councilors. In Wales they were called the **cunning folk**. In Norse tradition they were called the volva (but that term was used for female witches) and the vitika was the male version. The ideal of the witch, stereotypical anyways, comes from Britian. But you will find some version of the witch across all cultures.

In all versions, the witch was able to travel between worlds, heal those that asked for it and denounce those spirits that caused mischief. In the darker aspects, the witch could indeed curse those that meant them ill as well as break curses, they could render a place holy or shroud it in a cloud of darkness, condemning it.

But you must always keep in mind, what you see in movies and media is a far overdramatization of what real witchcraft is. So, at this point it is best to forget any preconceived notion of what it is or what expectations you may have about it but over time as you continue along this path, every single expectation you have about it will be shattered.



Proper Rules & Etiquette Among Magick Folk



This is a list of common rules and etiquette that all witches, pagans, occultist and magick folk follow and abide by. They are kind of an common courtesy among each other and when dealing with outsiders of the practice.

1. Keep Silent/ Stay Secretive

What this implies is, you should never speak of your rituals or magick practices to anyone other than those practicing with you. While it is okay to tell someone your doing ritual work, you should never state what it is about or any details, just leave it very vague. This is especially true for non-pagan or non-magick folk. Outside influences can greatly alter your spell work, even another person's thoughts can greatly change the outcome. This is by no means in relationship to letting people know you are pagan, that is entirely up to you to decide. But we never tell the details or ask others for the details of their ritual work. Most times it is okay to speak of it after the ritual is done, but we still do not tell details.

2. Do Not Touch Another Witches Tools

This is a major one. You should never touch or handle another person's magickal tools unless they give you permission and still it should be quick and handled with care. This includes tarot cards or any other divination tool. Athames, chalices, crystals, and pentacles all fall under this rule. Think of it as a person's genitals (all jokes aside) you would not touch another person's genitals without their permission and on that same note you would not pull it out and show it unless it was appropriate. Magickal tools are treated with the same respect

3. No Video or Photography

It is considered disrespectful to the spirits you are working with to try and capture them on film. In a lot of cases, they may never return if you intentionally try to record them. This mainly applies to personal work and coven rituals. Public rituals or for demonstration purposes are quite alright.

4. Keep Ritual Space Clean and Pure

Once a circle has been casts and the ritual area is ready for magick a few things you should never do

- Smoke tobacco (unless it is part of the ceremony)
- Have distractions (Always turn off your cellphone and anything else that could be disruptive)
- Talk about gossip (All conversations in ritual should try to stay on topic and only about the ritual at hand.

Exercise 1: Meditation Technique 1

This will be your first practice and your step into working witchcraft.

Meditation, focus, and visualization are the 3 main ingredients in magick. Without those you will never have a strong foundation on which to work your magick from. The exercises in this lesson are meant to strengthen that. The symbol on the next page should be held in front of you. Preferably in a way that you can keep your hands free. As you look upon it, don't try to figure out its meaning or what it is or even try to give it a name. Just stare at it. Stare at it for a total of one minute. Then close your eyes and try to see only the symbol in your mind's eye for around 30 seconds. Then open your eyes again and stare at it for 30 seconds and then close your eyes and repeat. Anytime your mind starts to drift away from the symbol as your eyes are closed open them again to stare at the symbol. You want to keep doing this until you can see the symbol with your eyes closed for a full minute. You can also try to visualize that you are looking through your eyelids as though they weren't there. You'll want to set a timer increasing the time every other day. You will also want to make sure you will have no distractions. Each day increases the time by 1 minute for a week. So, by the end of the week, you have worked up to 7 minutes.

Exercise 2:

After you have worked on exercise 1 for at least a week you will continue your visualization skills by adding a few items. Find a quiet dark space and gather 3 items. One should be a candle of any kind, a stone of any kind and the third item can be a piece of jewelry. Arrange them in front of you however you wish and light the candle. Now you will use the same technique in exercise 1 to try and see the objects with your eyes closed. Work on this for one week for 10 minutes a day.



THE PENTACLE



“Because there are innumerable things beyond the range of human understanding, we constantly use symbolic terms to represent concepts that we can not define or fully comprehend. This one reason why all religions employ symbolic language or images. But this conscious use of symbols is only one aspect of a psychological fact of great importance”

-Carl G. Jung

The Pentacle, it has a deep meaning and a vast history. The main symbol for witchcraft and paganism, it is easily recognized throughout the world, however there is a lot of myths and misconceptions about it. Here we will be explaining in depth what it is and what it represents.

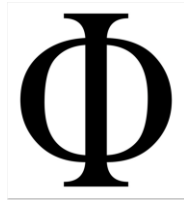
To fully understand its meaning we must first understand the concept of microcosm and macrocosm. First let us look at the Macrocosm. If we examine the star of David (The Jewish star) it has 6 points. 6 is considered a perfect mathematical number due to it being the only number that is both the sum and product of the same three numbers:

$$1+2+3=6 \quad ; \quad 1 \times 2 \times 3=6$$



6 is associated with the Macrocosm. The Macrocosm is everything in the universe larger than the human scale. Which would be relevant to god or gods. This 6-pointed star also indicates the term As Above, So Below

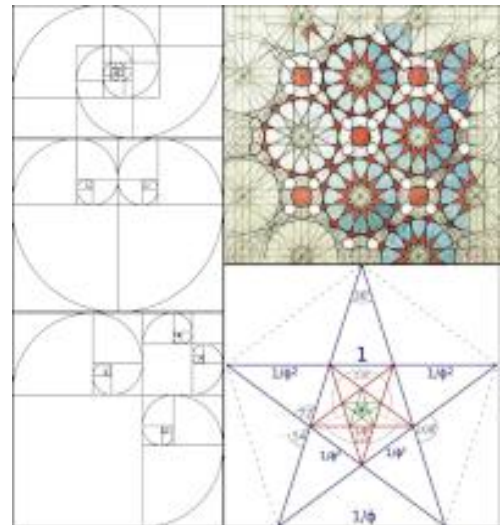
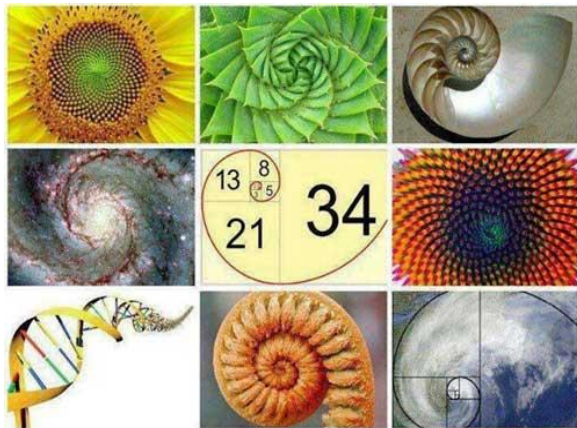
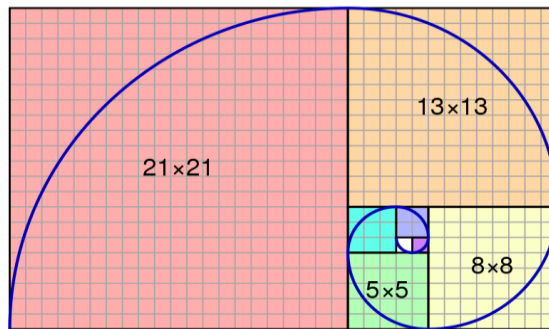
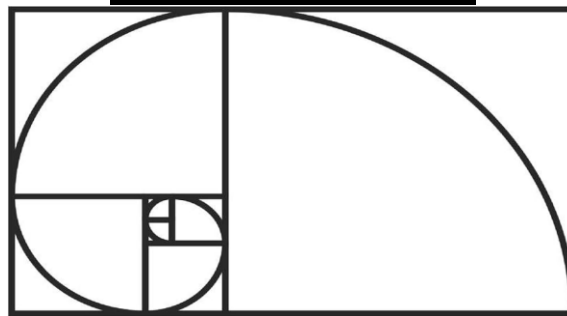
The Microcosm is the human scale model of the Macrocosm and is associated with life and the growth of all living things. Furthermore, it is identified with the number 5. Five is considered a golden number linked with the Greek letter Phi

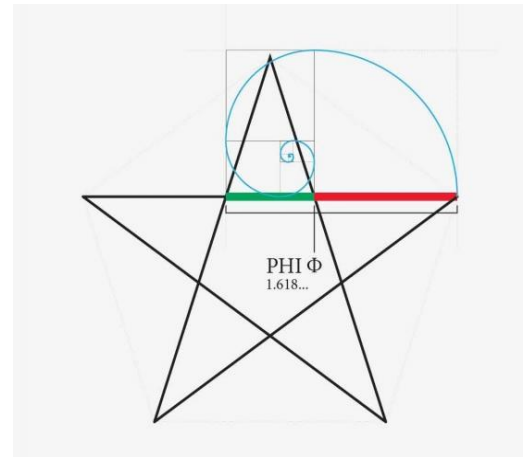
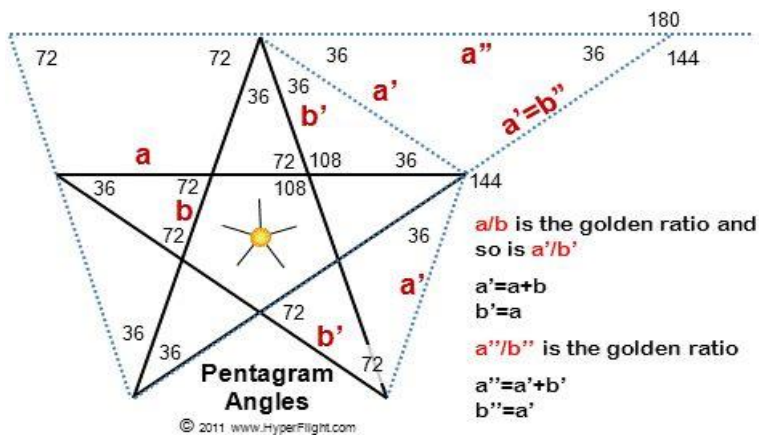


Phi

Phi is encoded in the pentacle fractally. Phi is important mathematically because nature uses it to proportion everything from pinecones to sea shells, sunflowers galaxies and even our human bodies. Below are some examples

The Golden Ratio



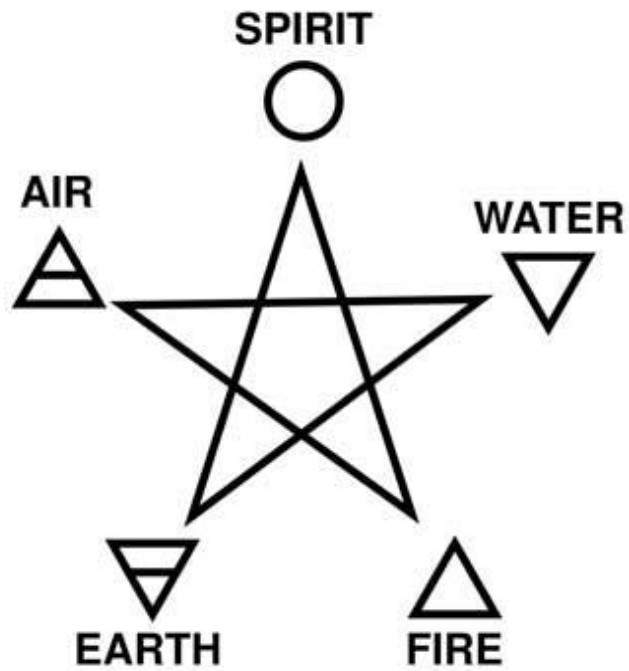




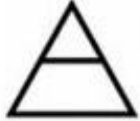



Some of this takes a little bit more knowledge of mathematics to understand but you should get the point from this diagram. The pentacle is obviously a representation of phi. That's its overall core symbolism. One of the oldest uses of the pentacle was in ancient Greece at the Pythagorean School. Pythagoras was the founder of this school in the 6th century b.c.e. and had two branches, **Mathematics and Mysticism**. It laid the foundation for modern western philosophy.

Also, during that time in ancient Greece, Pherecydes of Syros a Greek philosopher who authored the Cosmogony, which derived three divine principle: Zeus (God), Earth and Time. Here, the "five corners" are where the seeds of Time are placed within the Earth in order for the cosmos to appear. This was symbolized with the pentacle. Both in Greece and in Babylon the pentacle was used for protection.

In our modern era the pentacle uses the same philosophies but simplified it as each point represents the five elements: **Earth, Air, Fire, Water and Spirit**. The position that it is in with point upwards indicates that magickally the human spirit has control over the four elements and is in harmony with nature. If this is reversed (an upside-down pentagram) then this is unnatural as the elements are over the human spirit and man is centered in the physical world instead of the spiritual. The star enclosed in the circle indicates that the human spirit is one with the gods and the elements. That the gods always surround us and the earth, sun and moon are always encircling us.

One thing that should be stated on the terminology of the words **PENTAGRAM** and **PENTACLE** is: technically both have the same meaning (a 5-pointed star) but as it is most commonly used; **PENTAGRAM** is usually used to indicate an upside-down star while **PENTACLE** is used for the upright star that most pagans wear. All in all, the pentacle is this: The oneness of the human spirit with the divine powers of the universe. It is the connection to the spirits of the elements as all are within him at all times. It symbolizes that humankind is a scale model of the gods.

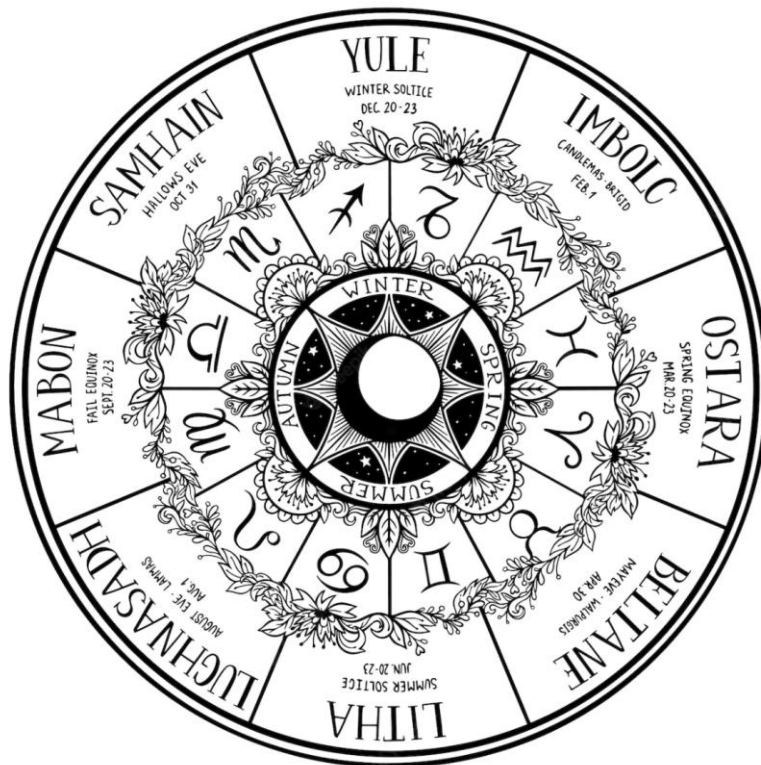


The Pentacle Wiccan sign of Protection	 <p>The embodiment of spirit, elementals and protection around and within the human form</p>			
Elemental Spirit	Elemental Air	Elemental Fire	Elemental Earth	Elemental Water
				
The four elementals within a binding link	The elusive element	The element of clarity	The solid element	The moving element

THE SABBATS

The Sabbats are our annual pagan seasonal holidays. Most of these were originally Celtic or Norse in origin. Unlike most holidays that honor a person or some great event that occurred, pagan holidays are observations of celestial events, mainly the solstices, equinoxes, and the times in-between.

Historically, in the times before Christianity spread these holidays were celebrated differently in different cultures. Some of these holidays were not celebrated by all cultures but were linked to specific cultures. For example, **Samhain, Bealtaine/ Beltane, Lughnasa, and Imbolc** originated in Ireland and spread to the other Celtic cultures. There is no historical evidence that any other culture celebrated these. The Winter Solstice was celebrated by most of the pagan cultures either through a subtle observance or having a grand feast. We know the Romans had a grand celebration during this time called Saturnalia. The Norse/ Vikings had Yule/ Jule the first full moon after the winter solstice. There is not a lot of evidence that the Spring and Autumn Equinoxes were celebrated by any ancient culture. It wasn't until the 1960's when wicca started to grow is when we find the current **Wheel of the Year** observations being celebrated and adapted into modern paganism.



Samhain : (Halloween) October 31st / November 1st

(pronounced: Saw-wen)

The third harvest festival. This grand fire festival, also known as Feast of the Dead, Feast of Apples, All Hallows eve, and of course Halloween, once marked the time of sacrifice. This marked the beginning of the dark half of the year. To the Celts, there were only two seasons, light and dark and the days started at night fall. It was Samhain that marked the beginning of the new year. The name Samhain translates to “Summers End” in Irish Gaelic and was there name for the month of November.

This is the time to honor our dead loved ones. This is a time of reflection and coming to terms with the one thing in life which we have no control: -death. It is on this night the separation between the physical and spiritual realities is least guarded and its veil the thinnest. It is a time for dimensional openings and workings, and also the celebration of the death of the year. It is a time of endings of relationships and bad situations and it is the time when one can see the glimmer of hope in the future. There are as many concepts attached to this holiday as any other, truly a time of remembrance of our ancestors and all those who have gone before.

Yule : (Winter Solstice) December 21st -22nd

Death and rebirth of the Sun. Longest night of the year, the turning point when the days shall grow longer as winter begins its passage into the coming of spring. This is a grand feast day. Gift giving, feasting and drinking, the burning of the Yule log, are all celebrated. This is a time to gather with the tribe and close kin. Rituals that honor the rebirth of the sun, gestation of energy and honoring the light are all performed. It is a time of renewal as the sun god is honored.

Imbolc : February 1st

This is a festival of lights. An Irish Fire Festival. This date is approximately halfway between YULE and SPRING. It is a day that marks the coming of spring. BRIGID was the Irish/ Celtic Goddess of Fire, Smithcraft, Healing and Wells and this was her feast day. Imbolc translates from Irish Gaelic meaning “In the belly,” symbolizing that the land is gestating its coming birth in the spring. Imbolc is the name for the month of February in Ireland. Also called Candlemas, it is considered in some traditions as the marker point where the Mother Goddess, the Great Earth Mother marks the path for the Sun God to find her in the dark times

Ostara : (Spring Equinox) March 21st

Spring Equinox. The Goddess blankets the Earth with fertility as the God stretches and grows to maturity. The hours of day and night are equal and light is overtaking darkness. This is a time of beginnings, action, planting spells, and of tending the gardens. It is a celebration of the Norse goddess Ostara and the fertility of the land. It is a time of fertility as eggs are painted red, marked with sigils and cast with abundance spells.

Bealtaine (Beltane)/ Walpurgis: April 30th / May 1st

(pronounced: Bel-tin-nah) (pronounced: Bell-tane in the colonization form)

Bealtaine is the great Fertility Rite of Life, starting at dusk on the 30th and continuing until the dawn of the 1st. The name in Irish Gaelic translates to “Bright Fire.” This was a great Celtic fire festival celebrated with a sacred bonfire. It was said that the ancients would extinguish all fires in the land only to be relit by the single Bealtaine fire. It was a great fertility festival honoring the birth of the land. The Irish God **Nuada** was celebrated. Rites of becoming were performed as well as a time for justice and truths. All colors of the rainbow are presented on this day. As with Samhain, it was a time that the veil between the physical world and the **Otherworld** were at its thinnest and spirits and the fae would roam freely. The union of the God and Goddess to conceive the sun-child to be, takes place upon this holiday. To the Dutch and Germans Walpurgis was known as “The Witches Night” and they would hold fires high upon a hill and celebrate all night until dawn.

Litha : (Summer Solstice) June 21st -22nd

Held on the longest day of the year, this Solstice is the celebration of light's triumph over darkness and that of the bountiful beauty that light brings into life. Flowers are common in the circle, roses and bright cheerful wildflowers are upon the altar and usually worn by all. It is the changing point of the year. It is a celebration of the Sun. Ceremonies are held facing the sun and honoring one of the many solar deities. It's a time of victory and success.

Lughnasa/ Lughnasadh/ Lammas : August 1st

(pronounced: loo-nah-sah)

The name in Irish Gaelic translates to Lugh's festival and was the Irish/ Celtic name for August. Two major deities were celebrated this day, Lugh the god of light and master of skill and his foster mother Tailtiu who taught him his skills. It was said the Lugh started the first Lughnasa festival in honor of his foster mother since she died clearing the land to harvest the crops for the gods. Some festivals especially in Scotland and Ireland hold the games of Lugh. A kind of pagan Olympics. This festival is the great corn ritual in pagan belief. This is the first of the three harvest festivals (it is sort of a Pagan Thanksgiving, but the time clock is different as is that of the Celts). Much feasting and dancing occur, though it is a bit more somber than many of the other holidays. Some Pagans celebrate this day as merely the day to bake their bread and cakes for the coming winter and do no actual rituals save that of blessing the foods prepared. Pagans see this as a time when the God loses his strength as the Sun rises farther south each day and the nights grow longer. The Goddess watches in sorrow and joy as she realizes the God is dying yet lives on inside her as her child. As summer passes, Pagans remember its warmth and bounty in the food we eat.

Mabon : (Autumn Equinox) September 21st

The second of the three harvest festivals, the second of three, that encourages pagans to "reap what they sow," both literally and figuratively. It is the time when night and day stand equal in duration; thus, is it a time to express gratitude, complete projects and honor a moment of balance. This is the weaver's festival, and a braiding of cords are done in the process of casting a spell to add to one's life from what it is, each person weaving unto themselves what they wish and the coven as a whole weaving all the cords together to unite the power and efforts symbolically. The autumn equinox is the completion of the harvest begun at Lughnasa. Once again, the day and night are equal as the God prepares to leave the body and the begin the great adventure into the unseen, toward renewal and rebirth of the Goddess.

These are the 8 holy days in modern pagan tradition. Over the decades many who don't necessarily follow the Celtic or Norse traditions have substituted the deities for others in different cultures they follow. The choice is up to the practitioner. Many other cultures like the Romans had over 220 different holidays for each deity. So, if you decide to follow a certain pantheon it is good to research how and when they celebrated.

Research Report 1

Below is a list of different traditions of witchcraft and paganism. Your work to be done here is to read over all of them then pick 3 and write a three-page report on each one. Your report should include what culture it came from, how the ancients practiced it versus how modern people practice it, its traditions and customs and some of their deities and mythologies

Types of Paganism.

Alexandrian:

A form of Witchcraft that was founded by Alex Sanders in Britain in the 1960's. Its traditions have elements of Wicca and Ceremonial Magick. A more eclectic tradition, it uses several different gods from many different pantheons depending on its user.

Asatru/ Heathen:

A growing cultural religion. Practices and traditions of the Northern Europeans most notably known as the Vikings. This tradition has both those that practice magick and those that just honor the cultural and ancestral aspects. Those that practice the magickal aspects use Runes and Seid magick.

Celtic:

Celtic Paganism could be used as much of an umbrella term as paganism itself. It incorporates Western European cultures mostly consisting of Ireland, Scotland, Wales with a few others. Druidry is closely connected but not all Celtic Pagans are druids. The majority of Wiccan beliefs and traditions are rooted Celtic Paganism

Druidry:

Druidry, sometimes termed Druidism, is a spiritual or religious movement that generally promotes harmony, connection, and reverence for the natural world. Druidism is rooted in the culture and mythology of Western Europe - particularly those cultures which have come to be known as Celtic, which stretch from Ireland and parts of Portugal in the West to France, Switzerland and Austria in the East. To the ancients Celts, Druids were the priest, law givers, and keepers of knowledge. There are many different sections of Druidry, each taking years if not decades to study and master. Druidry can trace its roots all the way back beyond ancient Rome

Egyptian:

The vastness of Egyptian Magick is a little hard to describe so briefly. It can cover everything from folk magick to complex hermetic magick. The whole culture of ancient Egyptians practiced many forms of magick, from the peasants to the ordinary people in their homes to the High Priests of the sacred temples. It was deeply embedded in their heritage. Modern practices can also have just as many varieties. Pure Egyptian magick is centered around the Egyptian gods like Thoth, Atum-Ra, Isis and Osiris just to name a few. The morning sunrise is one of the most important aspects of Egyptian philosophies. It's aimed at creating transfer of power heavenly, supernatural and surreal being to mortal man. Their practices deal heavily on astral work and appeasing the gods

Folk:

Folk magick refers to the collection of magickal practices and beliefs common to the working class of a community or culture. Most superstitions come from folk magick. Every culture seems to have their own set of practices. This involves a lot of herb magick and things like hanging horseshoes above a door to ward off evil spirits and even some rune magick. The American Application is filled with these beliefs along with Ireland and rural areas of Europe

Hermetic/ Ceremonial Magick:

Also called High Magick is a magickal system based on the philosophies attributed to Hermes Trismegistus and the book the Hermetica. The derives from the Greek god Hermes and associated with the Egyptian god Thoth. The main goal is to raise your individual consciousness to the awareness of the gods. There is a lot of work with ancient grimoires and the summoning of and controlling spirits. Rosicrucian, Qabalah, Enochian Magick, Magick of Solomon and Thelema are all forms of this school of magick. Famous orders such as The Golden Dawn, Aurum Solis and the O.T.O are associated with this teaching.

Kitchen Witchery:

This doesn't deal with a whole lot with ritual but as the name describes it is more of a generic term for pagans who practice some folk magick and focus on herbalism, potions, aromatherapy and crystals.

Stregheria/ Hellenistic:

A form of Witchcraft with Southern European roots but also includes Italian American witchcraft. Stregheria is sometimes referred to as La Vecchia Religione. Italian heritage is its focus with Roman deities at its core. Sometimes Greek is lumped into this as well

Theurgy:

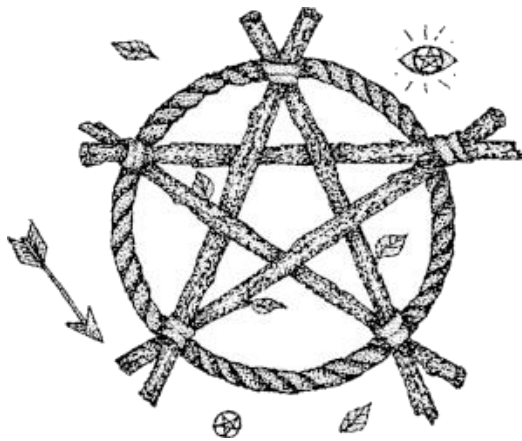
Said to be given to the world by Thoth himself, Theurgy is much like Hermetic magick but focuses more on the connection with the gods and not so much on the will of the individual. It originated with schools in Alexandria and is considered priestly magick and the divine work. It works primarily to raise one consciousness with the gods with the end result is to be completely aware of one's self even when out of body or beyond death

Voodoo:

Originating in West Africa as folk/ tribal magick it found its way to Haiti in the 1700's among the slave trade and then later into New Orleans. The original African form of Voodoo is a bit different as they kept the practice of animal sacrifice and honor only the voodoo gods. The Haitian counterpart has added a bit of Catholicism. It is community-centered and supports individual experience, empowerment and responsibility. Voodoo embraces and encompasses the entirety of human experience. It is practiced by people who are imperfect and may use religion for their own purposes.

Wicca:

Also called 'The Craft', 'British Witchcraft' and 'The Old Religion', Wicca was developed in England during the early 20th century by Gerald Gardner and then expanded upon by Doreen Valiente. A form of modern Witchcraft, it is focused on the femininity aspect of nature. It honors a God and Goddess which is usually the Horned God and the Moon Goddess. Wicca has a belief in animism with a strong connection to nature. The cycles of the moon are celebrated along with cycle of the seasons. Wicca has also been termed as the religion of witchcraft.

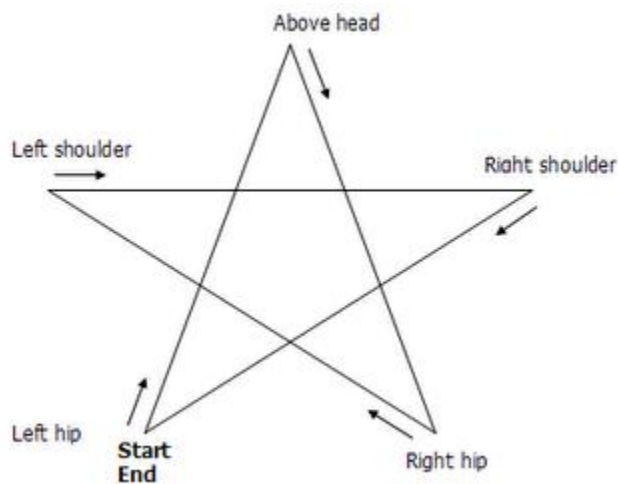


Exercise 3

Visualization Practice:

In this exercise you will take what you have learned from the previous two practices and expand your mind's eye. After you start your daily meditation practice, you'll want to stand in a meditative state. Instead of seeing the pentacle in front of you, this time you're going to manifest it.

First you want to stand and face **EAST** and practice drawing the pentacle in midair with your index and middle fingers. Start at your bottom left and follow up to the top point. See Diagram below. The size should stretch from your waist, which is your starting point, to the top of your head. Practice this a few times to understand the movement.



Next, close your eyes and as you draw the pentacle visualize a blue flame coming from your fingertips. The electric blue flames become the lines of the pentacle. After you have drawn it see the pentacle remain as arcs of blue light forming a star. Spend a few minutes visualizing this pentacle in front of you. Practice this every day for at least a week, twice a day if possible.

The Gifts From The Gods

I ASKED FOR STRENGTH..
AND THE GODS GAVE ME CHALLENGES TO MAKE ME STRONG.

I ASKED FOR WISDOM..
AND THE GODS GAVE ME PROBLEMS TO SOLVE

I ASKED FOR PROSPERITY..
AND THE GODS GAVE ME THE BRAIN & BRAWN TO WORK.

I ASKED FOR COURAGE..
AND THE GODS GAVE ME DANGER TO OVERCOME.

I ASKED FOR LOVE..
AND THE GODS GAVE ME PEOPLE AND FRIENDS TO HELP.

I ASKED FOR FAVORS..
AND THE GODS GAVE ME OPPORTUNITIES.

I GOT NOTHING I WANTED, I GOT EVERYTHING I NEEDED.

WHAT GIVES YOU STRENGTH : YOUR THOUGHTS.

WHAT WEAKENS YOU : YOUR THOUGHTS.

WHAT DESTROYS YOU : YOUR THOUGHTS.

IN REALITY, THOUGHTS ARE GIVEN TO EXPAND YOUR
CONSCIOUSNESS,

So, you will realize:

"I AM ALL"

Research Report II

Below is a list of authors who are important, influential and beneficial to modern paganism. Here you are to pick 3 authors to write a report on. While you should get a good idea of who most of these authors are, you only need to pick 3 to understand to do research on. In your report make sure to add why they are important and what their influence was too modern magickal practices

- -Aleister Crowley
- -Alex Sanders
- -Alice Bailey
- -Arthur Edward Waite
- -Carl Weschcke Llewellyn
- -Dion Fortune
- -Doreen Valiente
- -Eliphas Lévi
- -Gerald Gardner
- -Guido von List
- -Helena Petrovna Blavatsky
- -Heinrich Cornelius Agrippa
- -Isaac Bonewits
- -Janet Farrar
- -Manly P. Hall
- -Paul Foster Case
- -Raymond Buckland
- -Ross Nichols
- -Samuel L. MacGregor Mathers
- -Scott Cunningham
- -Stephen E. Flowers/ Edred Thorsson

End of Lesson Review & Exercise



This will be your last exercise and test of **lesson 1**. As stated at the beginning you will be using the Elemental Correspondence table presented to do your work with the elements. Here you will be taking what you have learned so far and start to connect with the elements. In this case it will be Air. For the first part you will go off the questionnaire at the bottom of this and write your answers in a report format. For the second part of this test you need to research everything that corresponds to the element of air. Start by using the correspondence table and look over the air correspondences. Research everything on the table related to air and then you will expand upon that by finding more correspondences like gems, crystals, emotions, gods, spirits, chakras, parts of the body etc. After that you will add to your report, about what the element of Air means to you along with the correspondences, at least a full page long.

For your final exercise of this lesson, you will work with connecting your spirit with the Element of Air. On the following page there is a symbol that represents this element. This is part of group of symbols known as the **TATTWAS** also spelled tattva, The word means '**reality**' or '**truth**'. According to various Hindu schools of philosophy, it is an element or aspect of reality. In some traditions, they are conceived as an aspect of a deity. These symbols were primarily used for meditation purposes. This symbol will be part of your visualization exercise. This specific tattwa is called **Vayu** (pronounced Va-ay-oo) which is the Sanskrit word for air or sky. On the last page of this lesson there is an image you meditate on and visualize as you're working on your final exercise, the same way you did with the pentacle in the first exercise.

Questionnaire:

- Why did you decide to take this journey into witchcraft?
- What does it mean to be a witch to you?
- What were you having the most trouble with in this lesson?
- What did you feel was the easiest thing to learn in this lesson?
- How does the element of Air correspond to this lesson?
- How do you feel connected with the East and the element of Air?
- Why is 'Magick' spelled with a 'K'?
- From the lists of different magick and traditions match one with an author from the list and write a report about it: (cannot be one you already wrote about)

Final Exercise

For the exercise, this should be done during the waxing of the moon, the time period that starts at the new moon and goes to full. However, it is best to do this during the day and more preferably, right at dawn. You'll want to plan ahead and find a spot in nature that has a wide-open space like an open field or hilltop where you can feel the wind blowing on you. If this is unattainable for you then your last resort would be to find a quiet place in your home and have a fan blowing on you at low setting. What you will need to get is a stone or crystal and incense that correspond to the element of air.

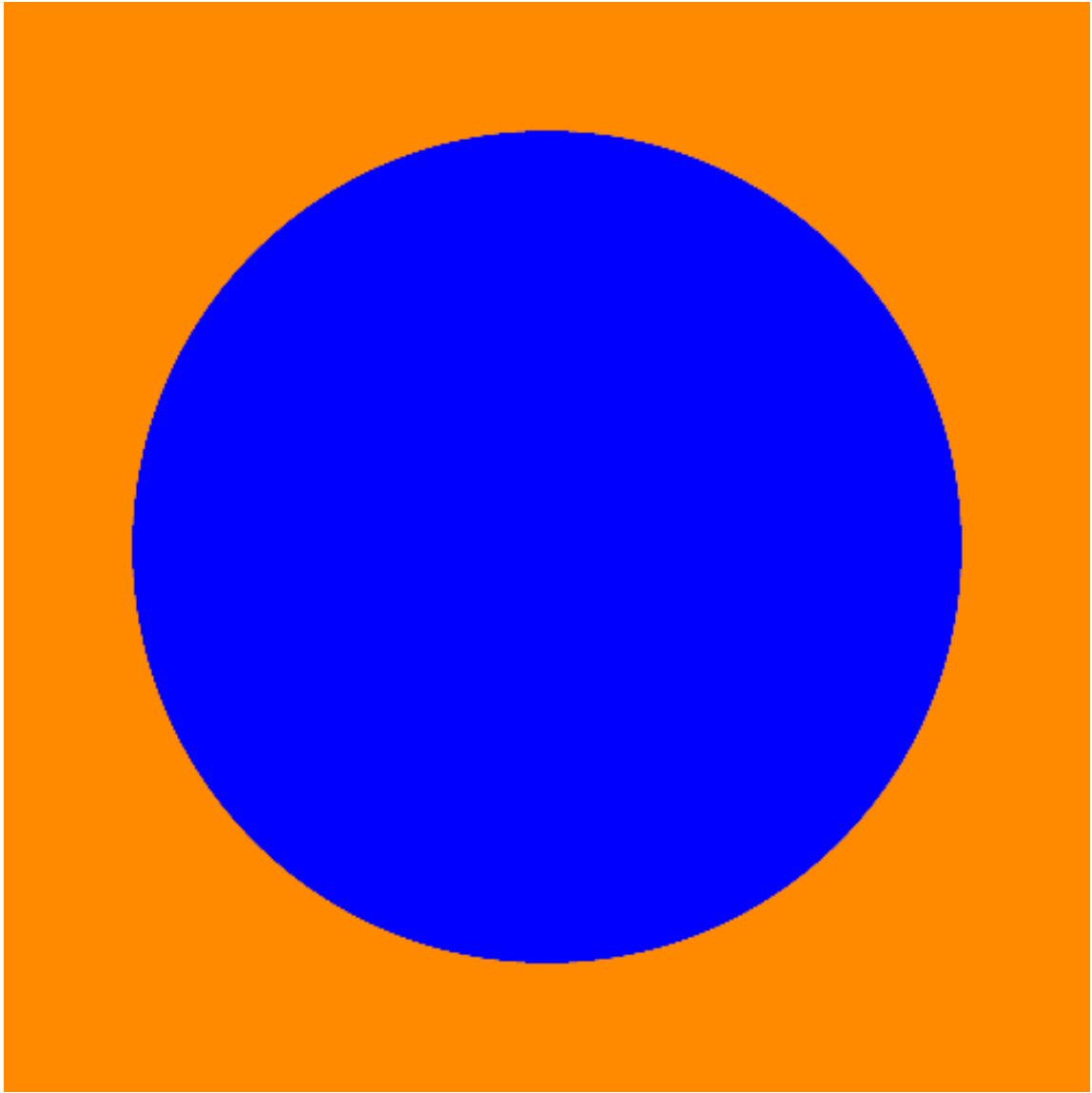
You will want to do this exercise 3 days in a row not proceeding past the full moon.

On the day you have chosen, go to the area you have selected to perform this ritual. Light your incense and place it on the ground right in front of you. You will be facing EAST.

Stand in a relaxed meditative posture holding your gem in your left hand. Now, take a few moments to relax and meditate. Feel at one with the air. Feel the breeze flow past you and become one with it. Next take your image of the Tattwa and hold it in front of you in your right hand. Here you will stare at the symbol and focus on it. Stare at it for a few moments until the image is secure in your mind. You can place the paper image down and then close your eyes and focus on the symbol. See it before you, feel the air becoming one with you. Smell the incense. Be one with Air. After a few minutes (At least 5 minutes) you will chant the name Vayu 6 times. (pronounced Va-ay-oo). After the chanting go back to the meditation of the symbol and hold this for as long as you can.

Afterwards write in your journal about your experience and any sensations you occurred.

-You have completed Lesson 1-



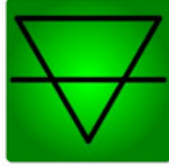
Lesson 2

The Element of Earth



Element of your birth, your foundation and
the structure of your being

Lesson 2



Recommended Companion Reading

- Tao Te Ching: by Lao Tzu
- Many Stages of Meditation: by H.H. The Dalai Lama
- Traditional Witchcraft by Gemma Gary
- The Master Book of Herbalism: by Paul Beyerl

In this lesson you will start to cover your foundation work. In the last lesson it was about knowledge and in this lesson, it will be about personal wisdom or personal gnosis and philosophy. It is about you being grounded and centered where you are at the present time and present moment. As you go through many of these lesson you may start to ask yourself “what does this have to do with witchcraft?” or “what is the point of this?” Well I assure you that every single thing in this course has it's purpose and is meant to make your mind and your magick stronger and solid.

-The Tao Te Ching- by Lao Tzu

You'll want to get a copy of this book to work with your daily practices. The book is meant to be read one page or chapter (each page is considered a chapter) at a time and then contemplated on. For your practice you will do this every morning starting on a new moon and continuing until you finish lesson 2. Start with the first 4 pages in order and after that you can pick a page at random or keep following in order. The Tao is a good philosophy to learn and to apply to magickal practices. The philosophy of the Tao is the experience of polarities. For example, you are as much of your environment as your environment is you. Meaning that without you there is no environment and without an environment there is no you. You make up your environment just as you live in it. You could also take business as an example, you can not have an act of buying without simultaneously having an act of selling. They go together, and you can not have one without the other. If you have a pole of polarity, you can't have a north pole without a south even if you cut the south end off, the new end becomes the new south pole. How do you know it is light outside unless you have been in darkness and how do you know you are truly happy unless at one time you have been sad and depressed? And on that same note if you are sad and depressed it is inevitable that one day you will become happy. It's all unified. The mass majority get into a conflict that good must triumph over

evil and positive must conquer negative but even if you eliminate one, another rises in its place. They are also unified and harmonious with each other. Fish have no concept of being dry, that is until the fisherman comes along and catches him. Now the fish understands the meaning of the Tao. Another important lesson of the Tao is that spirituality is completely personal. How you view the universe is your own experience which no one can tell you how to experience it. The way you see and understand your connection to the universe can be completely different from anybody else's perspective.

The Altar:

At this time, you will want to start thinking about acquiring an altar. It is something you will want to get before finishing this lesson. Certain traditions have certain requirements for size and shape and most commonly are black but for now that isn't necessary. Ideally it would be something you could stand at comfortably, but you can find a small table to use. It should only be used for magickal practice and nothing else. The altar should be solely dedicated to your magickal practice, and nothing should ever be placed on it except your magick tools and materials. The altar is your center piece of your work. If you live with other people, it should be put up so no one else can bother or touch it. The altar is the single most important magickal item you will acquire, and it should always be treated with respect.

Exercise 1

This exercise is about thought process and the start of deprogramming and reprogramming the way you think and understand. The reason this is important is it helps your understanding of the magickal universe and how your magick works. It may seem simplistic at first, but it is a very important process for your development in witchcraft. You will do this exercise every day for 7 days straight. It is a series of controlling your mind.

When you are going about your day and something negative enters your mind, acknowledge it, recognize that you don't like it and let it go. Change your mind to something else. You will do the same thing when something positive enters your mind. You will acknowledge you like it and continue thinking about it and let it go.

Again, do not underestimate the simplicity of this exercise. At times it can be harder than you think but it will teach you to control your thoughts open your mind in ways you will understand later on.

First Deity Offering:

Think of a God or Goddess. One that you feel drawn too. Don't ponder on it too hard. You can meditate and see the first one that may appear in your mind's eye. At this time, you don't have to do an extensive or in-depth research on the deity, just enough to know who they are and what they represent.

Next you will give the deity an offering. This offering will consist of

- a piece of bread (baked bread or a dinner roll)
- an apple
- spoon full of real butter
- small piece of slightly cooked beef
- five dollar bill
- glass of wine (red wine) or mead

The contents should be placed on a plate, a paper plate will do just fine. The wine in a glass. Now you will find an oak tree. One that you feel drawn to, that is in a wooded area. Face the tree and close your eyes to meditate in silence for a moment. Try to empty your thoughts and think of nothing but the deity. After a few deep breaths while you face the tree, look up and raise the food plate up in your right hand over head and with your left hand do the same but with the glass of wine. Then you will speak the following aloud as though you would speak to a person standing in front of you. It is very important to have this memorized and not speak it from reading:

Oh great(name of deity).... I give you this offering. I give it out of peace, friendship, and honor. May you accept this offering and may this be the beginning of a new understanding and harmony.

Now place the plate in front of the tree and pour the wine on the ground next to it. Stand and bring your hands together in a praying formation at heart level. Bow your head and then you can leave the area with no further obligations. Do not expect anything nor ponder on gaining anything. You will repeat this same ritual at the very end of this lesson.

Afterwards

Write in your journal any sensations you may have gotten while doing this and any dreams that may occur in the next few days.

Herbalism

In this section we will begin to take a look at herbalism. Herbalism has a long history with witchcraft. The practice of mixing herbs is one of the oldest forms of human understanding there is. From folk magick to ceremonial magick herbs have always had a place in every tradition of spiritual practice and even nonspiritual. It gave birth to modern day medicine and chemistry. Witches and shamans of olde had the ability to walk out into the woods or field and simply identify the plant they needed and collect it for their purpose. This practice can still be applied today with a bit of study and know-how. However, we also have the ability to acquire just about any type of plant we want online.

There are many good books out there with tons of information but in order to make things simple we will start with two books that will be a reference guide. We are not getting into a full in-depth study, just a brief overview so you get a good idea. Eventually if you may decide to dig deeper into herbalism and its magickal use and you will want to look at the works of **Heinrich Cornelius Agrippa**. He was a German occult writer and physician who lived in the 1500's. His body of work on occult and magick herbalism is extensive and is still in use today by witches and magicians alike. However, for now it can be a bit overwhelming, and you should wait until after you have finished this entire course before looking into his work so you don't get information overload which can be counterproductive.

Herbal Practice 1

You will have 3 projects to work on here. After you acquire the books, you will need to gather the herbs of your chosen outcome. If you don't have them growing somewhere you can pick them, the best place to buy them online is: www.mountainroseherbs.com (Mountain Rose Herbs.) You may also be able to find some a local pagan stores or natural health food stores.

*******ALWAYS MAKE SURE YOUR HERBS ARE NON-TOXIC IF INTENDED TO COMSUME*******

All this should be done during the waxing moon.

1. -This first one should be done during a **New Moon**. Think of magickal intent that you could carry with you. Such as luck, gaining money, healing or dispelling negative energy, etc. Find 3 herbs and mix them together and place them in a small leather satchel. About a tablespoon is enough, something you could carry in your pocket. Stay focused on your intent while mixing them. After placing them in the satchel wrap a red cord or ribbon around it 9 times and say:

**May the power of this satchel bring me (.....State your intent.....) By the power of nine and the strength of the gods that flow through me, so it shall come to pass and the blessing upon this charm. Its vitality will last till the next New Moon....
So Mote It Be!**

Unwrap the cord and carry the satchel with you always. Again, you will want to memorize this so not to read it during the ritual. After this do not think if it will work or if you did it right. Place it in on your person somewhere and leave it to do its work. Also, keep your intent simple, nothing major.

2. -Find 3 herbs with relating attributes. These attributes can be magickal or health beneficial. Here you will make a tea of it so you will also need an empty tea bag or a diffuser. When you mix these herbs and as you consume the tea, always be mindful of the intent that you made it for.

3. Incense. As with the first practice in this section, think of a magickal intent. But something different than the first such as blessing, dispelling negative energy, relaxing etc. Find 3 herbs to mix to make an incense you can burn on a charcoal. Keep in mind you may need a mortar and pestle if it is a resin like frankincense, myrrh, or dragons blood. A lot of resins like these first require breaking up with a hammer and then grinding to a fine powder before burning. In all cases it should be somewhat course to fine consistency in order to burn. We will just be focusing on burning them on a charcoal for now. Making cone or stick incense is much more involved and requires a lot more materials than needed for this practice. In the future, if you decide to get more into incense making, it does make a great hobby worth investing in, especially in witchcraft.

Every morning burn your incense while reading through the Tao Te Ching.

No chant is needed for making this, but keep the intent focused strongly in your mind

All these workings should be done on your altar if you have one. If not, you can go ahead without it.

Herbal Practice 2

Tree Lore:

We will be focusing on 3 specific trees

- Oak
- Ash
- Yew

Do a good study on these so you know how to identify them. At 3 separate times, go to each tree wherever you may find it and place both hands on it. Something that should be noted is that Yew is extremely toxic if ingested, so handle with care and wash your hands after handling. You can usually find yew trees in almost every cemetery in the western world.

Try to feel its energy, feel its life essence. Give it greetings and listen for it to reply. You will ask it for a branch which you will have to cut off. You will speak the following aloud to it:

Greetings, friend of olde. You are honored as I am in your presence. I, who am becoming a creature of magick, ask of you, that I may have a branch, which is attached to you, so that I may complete my magickal work?

Wait for a reply. Listen and feel it. If you feel it says no, then find another tree. If it says yes, then slice a branch about a quarter inch thick, two feet long and must have some of its leaves on it. It must be cut from the tree and not a branch laying on the ground. Thank the tree and then leave it an offering of something like seeds, bread or even tobacco at its base.

When you've collected all 3 branches twist them together so that you can make a crown to wear. You will keep this with your other magickal items for later use.

There 3 other trees you will want to familiarize yourself with are

- Sycamore
- Hawthorn
- Birch

You can perform the same greeting to them if you are able to find them, but there is no need to collect their branches at this time. Something that should be noted is that

Hawthorn doesn't grow that much around here in the Midwest so you may have trouble finding one. Record their lore and properties down in your journal and any connection you may feel towards them.

SPEAKING THE WORDS OF POWER



All sounds in the universe are a series of vibrations. When you speak your ears are picking up the vibrations of noise, when you hear a car blow its horn you are catching the waves of sound as they flow to your ear. Intoning certain sounds can cause a certain effect on the astral. It can cause spirits to react in a certain way or doorways to be opened. But to be able to do these things one must practice the vocalization along with certain breathing methods. When you call to a god or goddess you must vibrate their name loudly with a full breath. For example. If you were to call on the goddess Danu, you wouldn't just say "I call to you, Danu". You would speak in a strong demanding voice and intone her name. "I CALL TO YOU, DDAAAANNNNNUUUU"

Vibrating or intoning a god or goddesses name is very important when invoking spirits, especially when calling on Angels. Everything on the astral works off these vibrations and it is our way of opening the veil. It is almost like singing and you practice it in the same manner. It should be noted that only the deities, entities, spirits, etc. names are vibrated, the rest of your incantation is not. But at some point, when calling on a spirit or deity in your incantation their name must always be vibrated in order to invoke them. You practice this by vibrating your vowels. First in their long form then in their short form. Your breathing is essential. When you start, fill up your lungs by taking a deep breath. Then your entire exhale should be the sound of the name you are calling or in this case the vowel you are practicing. It should continue until you are out of breath and have emptied the air out of your lungs.

The Vowels

'a' as in gate

'ā' as 'a' in father

'e' as 'e' in bet

'ī' as 'i' in bit

'o' as 'o' in got

'ū' as 'u' in cup

'ē' as in feet

'ī' as in die

'ō' as in float

'ū' as in you

The **Ohm** is one of the words of power and is also a good practice to intone. It is pronounced exactly how it is spelled 'Ohm.' Another pronouncing is 'Aum'. It is always good to intone it before and after any meditation session. It helps to awaken the chakras. **The Ohm is said to be the voice of the universe.** When you have private time by yourself, practice vibrating all the vowels for one week. The next week practice vibrating the Ohm. Do these practices for about 15 minutes a day for 7 days. It is a lot like practicing singing and learning musical notes with your voice. After you start getting the vibrations down, start visualizing and feeling the words projecting out of your mouth.

Exercise 2

This is the second part of your mental exercise. In this exercise you will be learning how to analyze what it is you believe verses the world view of religious ideals. Here we will just be focusing on 2 religions: **Paganism and Christianity**.

In the society we live in, our world view is programmed from birth to adopt the model of the Christian ideology. Even if you decide to keep that thought process you still need to learn to differentiate it from Paganism. This understanding of separation will allow your magick to grow when you are not held back by dogmas. It will allow you to reprogram your thought process to see things for what they are.

To begin you will write out a chart with 2 columns. One side is labeled “**Christianity**” and the other “**Paganism.**” Write out everything that you associate with that religion under its respected column. No need to research just yet, only what comes to your mind and can think of on your own and it can be as long as you want and add things to it within the next 3 days as you think about it. It should look something like this:

Christian	Pagan
Jesus	Odin
Satan	Thoth
The Bible	Samhain
Absolute Good	Yule
Absolute Evil	Witchcraft
Heaven	Runes
Hell	The Otherworld
Angels	Fairies
The 10 Commandments	Valhala
Etc.	Etc.

After you have made this list for 3 days you'll begin the mental exercise. Whenever you see, think or come across anything related to Christianity, analyze it by thinking what associates it as Christian. Do not try to compare it to anything other than itself. During this time, you will want to do the exact same thing with Paganism. It is important not to try and compare the two religions but to see them as two separate entities. Also do not think about what either of the two may have borrowed in practices from one another and do not try to make any type of judgment. This is solely about understanding them as two separate religions. You can also research at this point to see where some things may have originated but don't take online stuff at face value. Make sure it is historical fact and not opinionated. So, at the same time you will have to research the author of the website. You will continue this practice for 2 weeks.

Magickal Alphabets

It is important to understand and learn different magickal alphabets. You will be using them in various magickal operations such as talismans, warding, empowerment among other things. Below are a few charts you can use. First decide which one you want to learn. Keep in mind, at some point beyond this course you will want to have a grasp of the language associated with the alphabet. It'll make more sense when used in the language it was spoken in. However, at this time we will just be focusing on getting familiar with the alphabet in your native language. You will be using this alphabet at various times throughout the rest of this entire course. Using your selected alphabet, at the end of the day you will write out the chapter of the Tao Te Ching of which you are currently on for one week. Write this in your journal.

Next you will begin making all your journal logs using the selected alphabet. The other thing you will be required to write out is an old Irish Poem invoking the land called: **“The Song of Amergin.”** you can find “The Song of Amergin with a simple internet search or it is also in the book “The White Goddess” by Robert Graves.

Below and the next few pages are a list of alphabets to choose from:

Greek Alphabet

Αα

ALPHA [a]
ἄλφα

Ββ

BETA [b]
βῆτα

Γγ

GAMMA [g]
γάμμα

Δδ

DELTA [d]
δέλτα

Εε

EPSILON [e]
ἕψιλόν

Ζζ

ZETA [dz]
ζῆτα

Ηη

ETA [ɛ:]
ἦτα

Θθ

THETA [tʰ]
θῆτα

Ιι

ΙΟΤΑ [i]
ἰῶτα

Κκ

KAPPA [k]
κάππα

Λλ

LAMBDA [l]
λάμβδα

Μμ

MU [m]
μῦ

Νν

NU [n]
νῦ

Ξξ

XI [ks]
ξεῖ

Οο

OMICRON [o]
ὀ μικρόν

Ππ

PI [p]
πεῖ

Ρρ

RHO [r]
ῥῶ

Σσς

SIGMA [s]
σίγμα

Ττ

TAU [t]
ταῦ

Υυ

UPSILON [u]
ὑ ψιλόν

Φφ

PHI [pʰ]
φεῖ

Χχ

CHI [kʰ]
χεῖ

Ψψ

PSI [ps]
ψεῖ

Ωω

OMEGA [ɔ:]
ὦ μέγα

Theban Alphabet

𐌆	𐌇	𐌈	𐌉	𐌊	𐌋	𐌌	𐌍
A	B	C	D	E	F	G	H
𐌎	𐌏	𐌐	𐌑	𐌒	𐌓	𐌔	𐌕
I	K	L	M	N	O	P	Q
𐌖	𐌗	𐌘	𐌙	𐌚	𐌛	𐌜	𐌝
R	S	T	U	X	Y	Z	Ω

2011 - 2012 by [unreadable]

Elder Futhark Runes

𐌲	𐌳	𐌴	𐌵	𐌶	𐌷	𐌸	𐌹
f	u	þ	a	r	k	g	w
fehu wealth	ūruz aurochs	purisaz giant	ansuz god	raipō riding	kaunaz ulcer	gebō gift	wunjō joy
𐌺	𐌻	𐌼	𐌽	𐌾	𐌿	𐍀	𐍁
h	n	i	j	ī	p	z	s
hagalaz hail	naupiz need/hardship	isa ice	jera year/harvest	eihwaz yew tree	perþ luck	algiz sedge (?)	sōwulō sun
𐍂	𐍃	𐍄	𐍅	𐍆	𐍇	𐍈	𐍉
t	b	e	m	l	ng	d	o
teiwaz the god Tyr	berkana birch twig	ehwaz horse	mannaz man	laguz water	inguz the god Ing	ḏagaz day	ōpila inherited land

Irish/ Celtic Ogham

aicme b (first aicme)

beith (birch)	luis (rowan)	fern (alder)	sail (willow)	nion (ash)
b	l	f	s	n
[b]	[l]	[w]	[s]	[n]

aicme h (second aicme)

uath (hawthorn)	dair (oak)	tinne (holly)	coll (hazel)	ceirt (apple)
h	d	t	c	q
[y]	[d]	[t]	[k]	[kʷ]

aicme m (third aicme)

muin (vine)	gort (ivy)	ngéadal (reed)	straif (blackthorn)	ruis (elder)
m	g	ng	z	r
[m]	[g]	[gʷ]	[sw/ts]	[r]

aicme a (forth aicme)

ailm (white fir)	onn (gorse)	úr (heather)	eadhadh (poplar)	iodhadh (yew)
a	o	u	e	i
[a]	[o]	[u]	[e]	[i]

fifth aicme

éabhadh	ór (gold)	uilleann (elbow)	ifín (pine)	eamhanchóill (double c)
ea	oi	ui	ia	ae

Other symbols

peith (soft birch)	start of texts	Spás (space)	end of texts
p			

Hebrew Alphabet

Aleph Bet

Hebrew Alphabet

אַלף בֵּית

Print • Cursive • Diacritics • Transliteration • Numeric Value

Tet (T)	Chet (CH)	Zayin (Z)	Vav (V)	He (H)	Dalet (D)	Gimel (G)	Bet/Vet (B/V)	Alef (Silent)
ט	ח	ז	ו	ה	ד	ג	ב	א
טית	חית	זין	וו	הא	דלת	גימל	בית/בית	אלף
9	8	7	6	5	4	3	2	1
Samech (S)	Final Nun (N)	Nun (N)	Final Mem (M)	Mem (M)	Lamed (L)	Final Chaf (CH)	Kaf/Chaf (K/CH)	Yod (Y)
ס	ן	נ	ם	מ	ל	ך	כ	י
סקד	סופית	נון	מם סופית	מם	למד	סופית	כף/כף	יוד
60	50	50	40	40	30	20	20	10
Tav/Sav (T/T)	Shin/Sin (SH/S)	Resh (R)	Qof (Q)	Final Tsadi (TS)	Tsadi (TS)	Final Fay (F)	Pay/Fay (P/F)	Ayin (Silent)
ת	ש	ר	ק	ץ	צ	ף	פ	ע
תרתו	שין/שין	ריש	קוף	סופית	צדי	סופית	פה/פה	עין
400	300	200	100	90	90	80	80	70

Niqqud • Diacritics • נקוד

Shuruk (oo)	Cholam (oh)	Kubutz (oo)	Chirik (ee)	Tsere (eh long)	Chataf Segol (eh short)	Chataf Patach (ah short)	Chataf Kamatz (ah short)	Segol (eh)	Patach (ah)	Kamatz (ah long)	Sh'va (silent or e)
וּ	וֹ	וּ	יֵ	יֵ	יֵ	יֵ	יֵ	יֵ	יֵ	יֵ	יֵ
שורוק	חולם	קבוץ	חיריק	צירי	חטף סגול	חטף פתח	חטף קמץ	סגול	פתח	קמץ	שווא

Enochian Alphabet

⌒	↗	↘	⌘	⌒	⌒	⌒
E	A	F	D	G/J	C/K	B
Graph	Un	Or	Gal	Ged	Veh	Pa
7	6	5	4	3	2	1
⌒	⌒	⌒	⌒	⌒	⌒	⌒
N	Q	P	L	H	I/Y	M
Drux	Ger	Mals	Ur	Na	Gon	Tal
14	13	12	11	10	9	8
⌒	⌒	⌒	⌒	⌒	⌒	⌒
T	S	U/V	Z	R	O	X
Gisg	Fam	Van	Ceph	Don	Med	Pal
21	20	19	18	17	16	15

Pentacle Blessing

This will be your first bit of spell work and acquiring a magickal tool. You will need to acquire a pentacle necklace. The style and variety is completely up to you. The options are endless to choose from, but it should be something that speaks to you or that you feel drawn to. When witches or those that practice magick buy jewelry, we tend to always choose something that has meaning and not just the prettiest thing we see.

Materials you will need:

- Your pentacle
- Incense burner
- White Sage
- Frankincense
- Spring Water

After you have acquired your materials, set everything up on your altar. If you don't have an altar yet any clean table surface will do. It is best to try to do this during the night of a full moon.

First: wash your pentacle with just spring water. Visualize all of the negative energy it acquired and impurities being washed away.

Next: Light your white sage and as it smokes bathe your pentacle in with the same visualization as with the spring water.

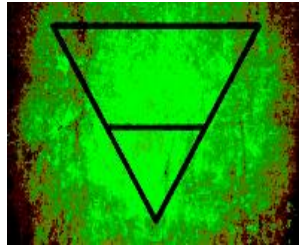
Now: grip the pentacle in your right hand and focus your energy into it. Visualize a pure white and golden light manifesting in your heart and traveling through your arm and into the pentacle. This light should be filled with power and protection energy.

As you do this say:

May the power of this amulet grand me protection from the seen and unseen of those who wish me harm. May it empower my magickal work and be a symbol of my devotion to the gods.

Now bathe the amulet in the smoke of frankincense which will signify its blessing. Every time you put the pentacle on visualize a transparent blue bubble surrounding you that is impenetrable.

End of Lesson Review & Exercise



This will be your last exercise and test of **lesson 2**. As stated at the beginning you will be using the Elemental Correspondence table presented to do your work with the elements. Now you will be connecting with the element of Earth. For the first part you will go off the questionnaire at the bottom of this page and write your answers in a report format. For the next part of this test you need to research everything that corresponds to the element of earth. Start by using the correspondence table and look over the earth correspondences. Research everything on the table related to earth and then you will expand upon that by finding more correspondences like gems, crystals, emotions, gods, spirits, chakras, parts of the body etc. After that you will have a questionnaire to add to your report and add to your research about what the element of Earth means to you along with the correspondences.

For your final exercise of this lesson, you will work with connecting your spirit with the Element of Earth. On the following page there is a symbol that represents this element. This is part of a group of symbols known as the **TATTWAS** also spelled tattva. The word means 'reality' or 'truth'. According to various Hindu schools of philosophy, it is an element or aspect of reality. In some traditions, they are conceived as an aspect of a deity. These symbols were primarily used for meditation purposes. This symbol will be part of your visualization exercise. This particular tattwa is called Prithvi (pronounced: preth-vee) which is the Sanskrit word for Mother Earth or the Vast One.

When you have completed this part of the lesson give your second deity offering as you did before. It should be done before moving on the lesson 3

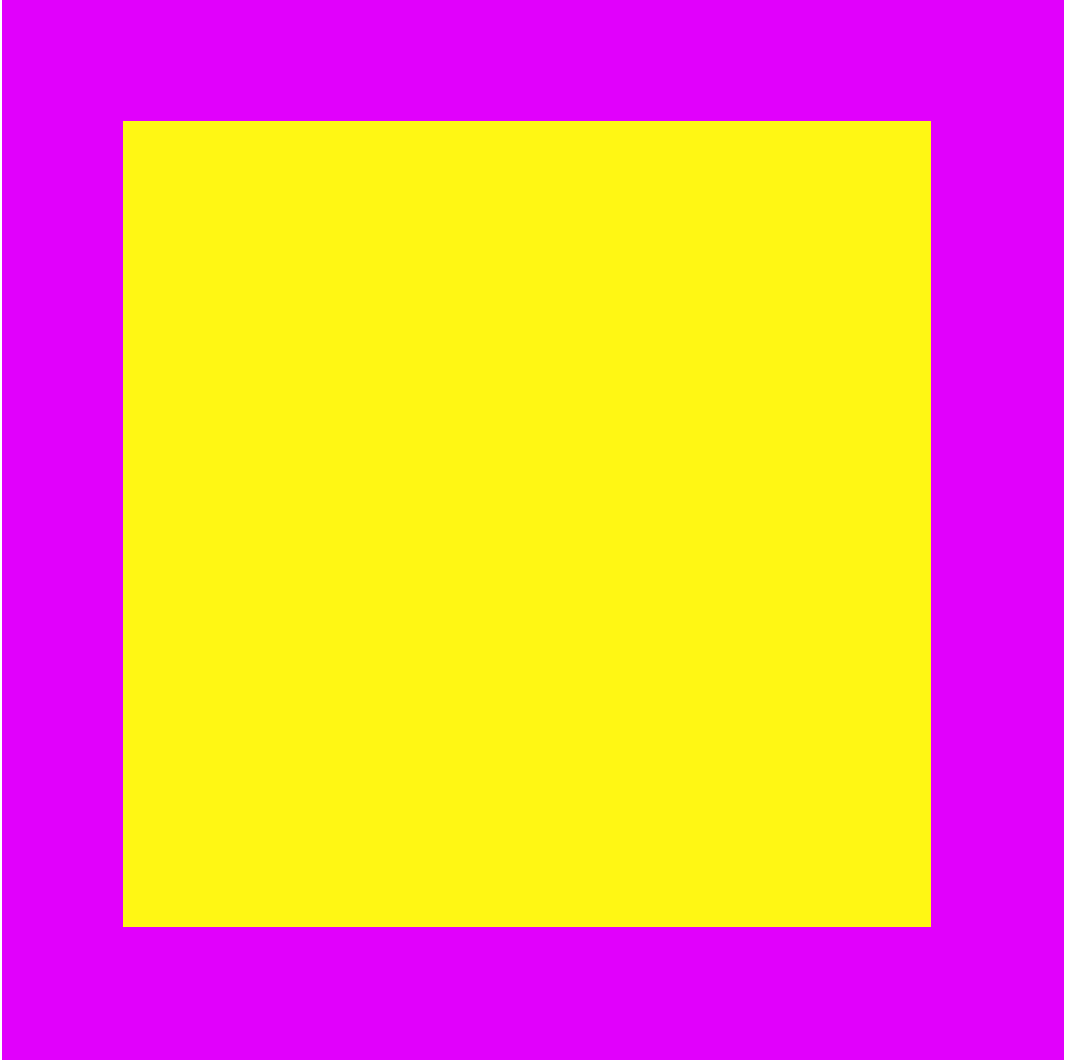
Questionnaire:

- What new things have you learned so far while taking this course?
- How did you feel about blessing your pentacle?
- How did you go about choosing your altar and why?
- What do you feel is the biggest difference between Christianity and Paganism?
- What do you know about the magickal alphabet you chose, its culture and history?
- What was your biggest lesson from the Tao Te Ching?
- How have your thoughts changed after this lesson?

Final Exercise

For the exercise, this should be done during the day after the New Moon. You'll want to plan ahead and find a place in the woods that you feel a good earth connection to. What you will need to get, is a stone or crystal and incense that correspond to the element of air. You will want to do this exercise 3 days in a row. On the day you have chosen go to the area you have selected to perform this ritual. Light your incense and place it on the ground right in front of you. You will lay on the ground with your head in the **NORTH** looking up to the sky. Lay in a relaxed meditative state holding your gem in your left hand. Now take a few moments to relax and meditate. Feel at one with the Earth. Feel the ground beneath you and the trees around you and become one with them. Next take your image of the Tattwa and hold it in front of you in your right hand. Here you will stare at the symbol and focus on it. Stare at it for a few moments until the image is secure in your mind. You can place the paper image down and then close your eyes and focus on the symbol. See it before you, feel the earth becoming one with you. Smell the incense. Be one with Earth. After a few minutes (At least 5 minutes) you will chant the name **Prithvi** 6 times. (pronounced: preth-vee)
After the chanting go back to the meditation of the symbol and hold this for as long as you can.

-You have completed Lesson 2-



Lesson 3

The Element of Water



Element of Your Heart, Emotions, and
Connection to the Spirit Realm

Lesson 3



Book List for This Lesson

- **How to Meet & Work With Spirit Guides:** by Ted Andrews
- **The Key to the Tarot:** by A. E. Waite
- **Drawing Down the Moon:** by Margot Adler

In this lesson we will be taking the knowledge you gained from the previous two lessons and applying them to actual physical practice. Being that this lesson is in correspondence to Water, the work here will begin to unlock things in you that were previously unseen and unrealized. The symbolic nature of water represents those things that lay hidden in the dark depth that are attached to our emotions. It is the overall flow of energy and at the same time the ability to conform to your surroundings.

1st Exercise of this Lesson

Your first exercise of this lesson is a recap of the very first three exercises you did in Lesson 1, the visualization techniques with the pentacle. The difference this time is you will only do each one for one day for three days in a row. Your schedule will look as follows:

- **DAY 1: Exercise 1;** Meditation Technique visualization of the pentacle
- **DAY 2: Exercise 2;** visualization of the 3 objects
- **DAY 3: Exercise 3;** visualization of the drawing of the pentacle.

You will repeat this process 2 more times. You will end up doing this for 9 days total in a row.

This exercise must be completed before moving on to any other work in this lesson.



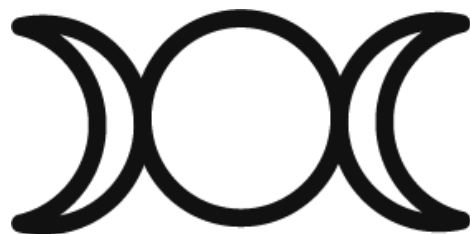
You may have noticed by now that moon phases and planetary alignments have a great influence on our magickal work. Being that this is the Elemental lesson of **WATER** it is fitting that in this lesson we will be working with the moon. All planets in magickal work are linked to an element which we will be examining later in this lesson. The moon is linked with water. When we are able to plan out our rituals or magickal work it should be done during these times:

Moon Phases

Waxing Moon	Waning Moon	Full Moon	New Moon
Manifesting	Banishings	Blessing	Initiations
Blessings	Curses	Consecrating	Self-Discovery
General Spell Work		Divinations	Beginnings

This is just a simplified overview. However, as most practitioners will tell you, as long as your intent is strong you can perform any spell at any time. The thing is that moon phases and planetary alignments can greatly empower your spell work. So, if you can plan it out then take your time but sometimes, we need to do something in the spur of the moment. The one exception here is divinations. Divinations are obviously done at any time, but they are stronger during the full moon.

With most pagan cultures, the moon is connected with the goddess. Wicca took this very ideal and made it one of its central focuses. The moon has cycles, that in many ways are symbolic of a woman's monthly menstrual cycle. There is also the philosophy of birth, life, death, and rebirth which corresponds to maiden, mother, crone, rebirth, which corresponds to **new moon, first quarter moon, full moon, last quarter moon**. This doctrine is where we get the symbol presented below:



Moon Phase Practice

This exercise is part of another ritual called “Drawing Down the Moon.” There are a few different versions of it, this one is a simpler version of it but still effective. You will want to begin this on the **Last Quarter Moon** and you will perform the ritual again on the **New Moon**, the **First Quarter Moon** and then the **Full Moon**. It should be done over the course of one entire moon cycle. Once for each moon phase.

The Ritual

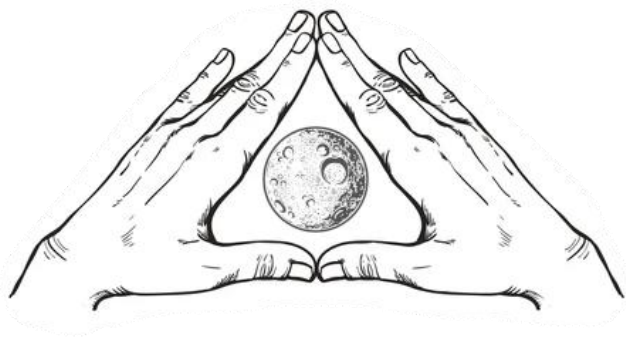
- Find a place outside with a clear view of the moon, some place where you will not be disturbed. Some place in nature preferably.
- Stand and face the moon. Stare and gaze at it, meditate upon it. Let your mind relax and spend some time focusing on it.
(if it is a new moon and you can't find it or see it just visualize where you believe it to be)
- After a few moments of your moon trance, say:

“I honor you, oh goddess of the moon. May I feel your presence, may I hear your wisdom, may I see your radiance”

-Then take your hands to form a triangle with your fingers out in front of you with the moon between them. *(see picture below)*

Next, visualize the moon captured in your triangle shining brightly and bring it down to your forehead with your hands still in the triangle formation. Hold it at your forehead for a moment visualizing the moon absorbing into your third eye. Try to feel its warmth and divine presence.

When you are ready release this posture and meditate on this experience and then add anything else you would like to say to the goddess of the moon. When you feel you have completed return and write about your experience in your journal. -



THE TAROT



There are numerous variations of tarot decks in the world. What we will be focusing on here is the core of the tarot. The Rider Waite Tarot, which is what the majority of tarot decks are based off of. The tarot dates back further to medieval times but before the Rider Waite Tarot was created it was mostly playing cards with no pictures with the exception of the Medieval Scapini tarot and a few other decks. Due to the lack of the printing press, most pictorial tarot cards were hand painted and very few of those decks survived today. With that in mind, the Rider Waite Tarot is what we will be focusing on. Traditionally your first tarot deck should be gifted to you. After you have finished your training you are more than free to find a tarot deck that speaks to you the most. The word **“TAROT”** is pronounced (Ter-oh) The last 'T' is silent. The tarot dates back to the 14th century in Florence Italy. In 1910 the head of the Golden Dawn and occult author A.E. Waite created and designed the Rider Waite Tarot with the artwork of Pamela C. Smith.

We will be briefly looking into divination just to get an understanding however, you need to understand the cards first. One thing to realize is that the tarot is just a tool for divination. Ultimately, you are the seer, you are the interpreter and you are the one the cards are speaking to. You'll eventually come to understand that the spirits don't always speak to us in words but in pictures, which is kind of the ideal of the tarot. While each card does have a universal meaning, two people may draw the exact same three cards and each person might understand it differently. They can be read like a story of a picture book. Every symbol, every detail in every card should be examined by its symbolism.

To understand symbolism Carl G. Jung summed it up best:

"Thus a word or an image is symbolic when it implies something more than the obvious and immediate meaning. It has a wider "unconscious" aspect that is never precisely defined or fully explained. Nor can one hope to define or explain it. As the mind explores the symbol. it is led to ideas that lie beyond the grasp of reason."

"Because there are innumerable things beyond the range of human understanding, we constantly use symbolic terms to represent concepts that we can not define or fully comprehend. This one reason why all religions employ symbolic language or images. But this conscious use of symbols is only one aspect of a psychological fact of great importance: Man also produces symbols unconsciously and spontaneously, in the form of dreams."

The Tarot is divided into to 2 categories: The Major Arcana and the Minor Arcana

The Major Arcana consists of 22 cards starting with number 0 “The Fool” and going to 21 “The World”. This is also known as “the Fool’s Journey”. The Fool’s Journey is a metaphor for the journey through life. Each major arcana card stands for a stage on that journey - an experience that a person must incorporate to realize their wholeness.

The Minor Arcana are the 56 cards that are part of the 4 main suits of ace through king: Wands, Pentacles, Swords, and Cups. These can be translated to the correspondence table listed below:

Suite	Standard Equivalent	Element	Magickal Tool
Pentacles/ Coins	Diamonds	Earth	Pentacle
Swords	Spades	Air	Dagger/ Athame
Wands	Clubs	Fire	Wand
Cups	Hearts	Water	Chalice

You also have the cycles of time correspondences with minor arcana

- **52 Cards = 52 Weeks:** The total number of cards in a deck matches the number of weeks in a year.
- **4 Suits = 4 Seasons:** Hearts (Spring), Clubs (Summer), Diamonds (Autumn), and Spades (Winter) represent the seasons.
- **13 Cards per Suit = 13 Lunar Cycles:** Each suit contains 13 cards, representing the 13 lunar cycles (or weeks per season).
- **12 Court Cards = 12 Months:** The Jacks, Queens, and Kings (3 x 4 suits) total 12, representing the months.
- **364 Days:** If Ace=1, Jack=11, Queen=12, King=13, the sum of one suit is 91 (1+2+3...+13).
- Multiplied by 4 suits = 364 days.
- **Colors = Day/Night:** Red cards symbolize day, while black cards symbolize night.

Once you acquire a tarot deck it will become one of your many magickal tools and should be treated as its own entity. As you are learning the cards and since your first Rider Waite deck is meant for practice it doesn’t hurt to make notes on each card and try to guess each card’s meaning before looking it up. Once you begin to get familiar with the meanings the next step is placement of the cards. When placing the cards out to do a reading there are many different patterns you can lay them in, and each placement has its own meaning and can give the card itself a whole new meaning. At this point we are just learning the cards and getting in tune with the nature of tarot, but it is something to keep in mind for future work.

Tarot Exercise 1

The book you will need for this exercise: **The Key to the Tarot: by A. E. Waite**
Most standard Rider Waite Tarot decks are sold with this book.
Start this exercise on a New Moon and continue until the Full Moon.

First, remove the 22 major arcana and set the minor arcana cards aside for the time being. The major arcana are the cards we will be working with. Every morning upon waking for your meditation exercise, take the 22 major arcana cards and shuffle them until you feel content with their mixture and then cut the deck. Now, draw the first top card. Before reading about its meaning, concentrate on its symbolism and the picture as a whole. Now you will meditate on the card for a few moments, seeing it before you in your mind's eye and try to remember everything you feel and interpret from its imagery.

Next, read upon the meaning of the card from the book. Compare your thoughts upon the card with the written description of it. Go back to a meditation of the card for about 5 minutes, contemplating the image and the meaning and see how it can correspond with your current life. For the rest of the day, this is your card. You will live it, see how it can correspond with the details of your day.



Tarot Exercise 2

You will start this exercise on the night of a full moon. Preferably the full moon of which the last exercise ended. After which you will proceed as before, every morning and continue until the next full moon. This exercise will last from full moon to full moon. Every morning upon starting your daily exercise you will give yourself a reading. Mix the major arcana cards back in with the rest of the deck. Shuffle and cut the cards until you feel content with its mixture. Ask a question about anything you wish. If you can't think of anything specific just ask what events will your day hold. Draw the first 3 cards. These 3 cards will be your reading.

Remember to read the pictures like a story taking place. Try to interpret the 3 cards on your own first. Contemplate on their relationship with each other and how each one interacts with the other. The 3 cards will also represent **past, present and future**, in that order from left to right. After you have done this, go back and read their meaning from the book and see how your interpretation corresponds with the book's meaning. This will be your reading for the day.



Divination & Psychic Awareness

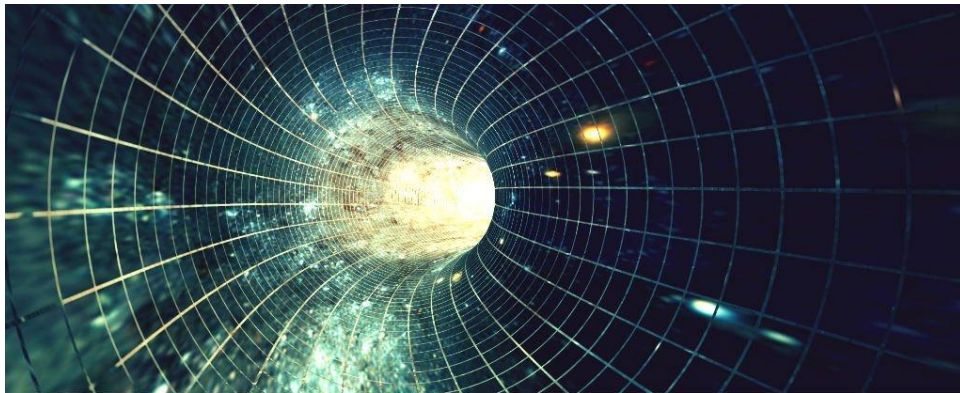
Divination & Psychic Awareness is a major part of witchcraft. It's part of what makes a witch a witch or magician a magician. It can even be considered another form of magick. The tarot itself is just one of many forms of divination. But what is it? Is it just seeing into the future or speaking with the dead? Let us examine what it is so we can better understand what we are practicing.

Psychic awareness can be considered a language or a form of communication. Think about how you interact with this world. You use your five senses, sight, smell, hearing, touch, and taste. Everything you interact with in this entire universe is only present to you because you have one of those senses to understand it. Our physical minds cannot comprehend anything outside of those senses. For example, there is only light because we see, there is only sound because we hear it. The smell of flowers or the taste of food is only present because we have a nose and mouth to experience it. We communicate with each other by making sounds through our throats and mouths with the expectation that the person we correspond with has ears to hear it. At some point we decided that if we make certain types of sounds they can make words for communication, and we took that even further to agree that by using our sight and touch we could draw symbols to represent those words.

What happens when you take away one of those senses? We rely on another one of senses. If we are blind, we communicate through sound and touch, if we are deaf, we communicate through sight. These senses are tied to our physical bodies and it is how we interact with this physical world. Take one of those senses away and you no longer experience anything or have any type of awareness of what it could experience. If you suddenly lose the sense of hearing, you could not experience music or the pleasant sound of the wind or someone's voice. **Now try to imagine what we currently cannot experience in this universe simply because we never developed a sense to experience it.**

This is the whole idea of having a "Sixth Sense." Think about ghosts and spirits, they have no physical bodies. They do not have the same 5 senses as a person of the physical world does. So then how do they communicate with us? They are pure energy so they can only communicate with us through ways we are able to understand like arousing our emotions or manipulating energy in order to catch one of our senses. Whenever we have that feeling of anxiety, that could be at times spirits trying to communicate with us. Emotions such as anger, sadness and fear would be signs of a darker negative entity trying to either communicate or attack us. Of course, sometimes these are just normal human emotions, so will you have to evaluate the situation to know for sure.

When it comes to divination and seeing the future, we humans invented the idea of time. Time is simple the measurement of the rotation of the earth around the sun and its rotation around its central axis, which in turn is activated through gravity. Spirits are not bound by our physical world's limitation. This concept might be hard comprehend this our whole world is based of the ideal of time. From a spiritual stand point, think of time as a web: There is the point in time on this web where you were born, this is the point that you never had control over such as the time and place of that your parents met and eventually gave birth to and raised you in the environment you grew up in. Then there is the path in the web that is based on your decisions. The future is then based off probability not certainty. So the path you follow based off your past decisions is what shows the outcome of your future events. However, at any time you can make an uncertain decision that changes your path. Think of it like autocorrect but for time. On the astral plane this is more apparent. Divination gives us the tools to try and see this. Tarot cards, pendulums, runes, ogham, and even Ouija boards are kind of like our translators that help us to communicate with in this language. Once you get good enough, and of course this takes years of practice, you will be able to understand it all on your own. However, there are those few individuals who are born with the gifts to understand them.



This is obviously a lot to comprehend, but the more you practice meditation and divination techniques the more you will understand. See it as a language, a language to communicate with the universe and the spirits of the Otherworld. Just like learning any language, the more you use it the better you get at it.

Divination Practice

If you've heard the term "clairvoyance," this is the psychic art of seeing. What most people don't know is this one of many of what is termed "clairs," each tied to one of your senses. Each individual may be more stronger to one sense over the other. Some people may be stronger in sight while another may be stronger in the area smelling while even another may be more prominent in feeling. The goal is to try to find out which one you are more efficient in and understand further. Then at some point you can try to develop another.

The main types of Clairs is as follows:

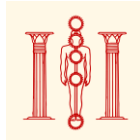
- **Clairvoyance (Clear Seeing)**: The ability to see mental images, symbols, or visions in the "mind's eye".
- **Clairaudience (Clear Hearing)**: Receiving intuitive messages, words, or sounds in the inner ear or as telepathic information.
- **Clairsentience (Clear Feeling)**: Physically sensing energy, vibrations, or emotions in the body, such as gut feelings.
- **Claircognizance (Clear Knowing)**: Receiving sudden insights or knowing information without a logical explanation.
- **Clairience/Clairofaction (Clear Smelling)**: Smelling scents that are not present in the physical environment.
- **Clairgustance (Clear Tasting)**: Tasting, or perceiving the taste of, substances not actually being eaten.
- **Clairtangency (Clear Touching)**: Also known as psychometry, the ability to receive information about an object or person through touch.
- **Clair empathy (Clear Emotional Feeling)**: Sensing or feeling the emotions of other people or spirits.

Practice

This something you will want to practice over time; however, you need to try it few times during this lesson and record your experiences.

Take your tarot cards or even just a plain deck of cards might be easier. Pull one card and don't look at it. Hold it in your hand and try to guess what it is. Do this in a meditative state. Try to isolate one of your senses from the list above or if you feel you know which one you are stronger in pay attention to it. Focus on that sense to try and judge what you believe the card is.

THE MIDDLE PILLAR



The Middle Pillar exercise is one of the most important rituals you will learn and should always be done before each major ritual. This should be performed every day for the next 2 weeks. When done correctly it will open your higher form and higher self, align your chakras and purify your inner spirit so that your magickal work will be more pure. This exercise will also help to build the magickal self as well as maintaining it if done on a regular basis. In the book '**The Middle Pillar**' Israel Regardie states :

“It will have trained the student in several little tricks of routine and magickal technique quite apart from the intrinsic virtues of the exercise, which is to purify and cleanse the entire sphere of personality to the end that the higher self may manifest through a purified body.” and continues.....

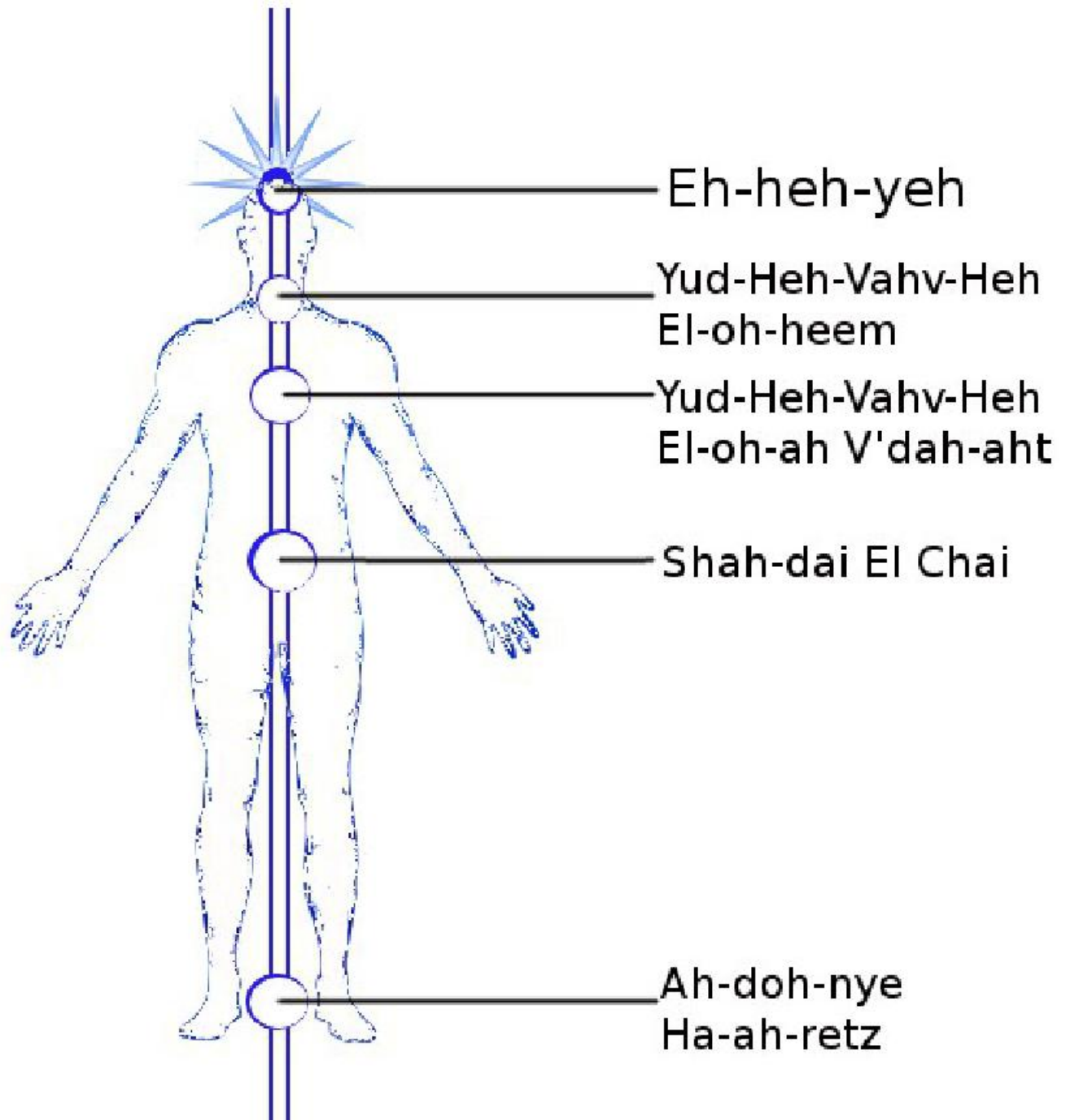
“To my mind, the exercise described as The Middle Pillar is the groundwork of all actual development work. It is a process which is the basis of magick.”

It is rather a simple exercise to do and shouldn't take long to memorize it. It might be easier to memorize the words of power/ angelic names first then work on the visuals or vice versa. The diagram on the next page is designed so you can set it in front of you and to get the words and visuals down by opening your eyes back up at

The Exercise

1. Visualize a beam of white light ascending from the heavens. It comes to rest at the crown of your head and forms a ball of white divine light about six inches in diameter. As it does vibrate the name **Eh-heh-yeh**
2. The beam continues down to your throat where another ball forms and you vibrate the name **Yud-heh-vahv-heh El-oh-heem**
3. The beam of light continues down to the heart. Another ball of divine light forms and vibrate the name **Yud-heh-vahv-heh El-oh-ah V'dah-aht**
4. The beam of light continues down to the solar plexus. Another ball of divine light forms and vibrate the name **Shah-dai El-Chai**
5. The beam of light continues down between the feet. Another ball of divine light forms and vibrate the name **Ah-doh-nye Ha-ah-retz**

THE MIDDLE PILLAR



The Lesser Banishing Ritual of the Pentagram **L.B.R.P.**



This is one of 2 important rituals you will ever learn. The other one being The Middle Pillar exercise. This should be performed every day for the remainder of this lesson. If you cannot do it every day, then do it as much as you can. The purpose of this ritual is to banish all unwanted entities, clear an area and put up a barrier for protection. When done correctly, it will clear out all distraction and anything malevolent. It can be done any time and anywhere. It should always be done at the beginning of every ritual, divination reading, and meditation session. It is the one ritual you want to have memorized over all others.

What you are doing, as you will see when you read over the ritual on the next page, is first you are doing the Qabalistic Cross. Then you are going to each four directions and drawing the pentagram and a circle to connect the four pentagrams creating your barrier at the same time, also vibrating the names of power, god and angel names as you do. And of course, your visualizations are essential here. The names and words of power that are in bold are written exactly how they are pronounced so there is no second guessing. On the page after is a diagram to show you how to do the Qabalistic Cross and how to draw the pentagram.

Normally you would use your athame (ritual dagger) for this but we haven't covered ritual tools yet. For now, you will use your fingers, index and middle finger the same way you did in exercise 3.

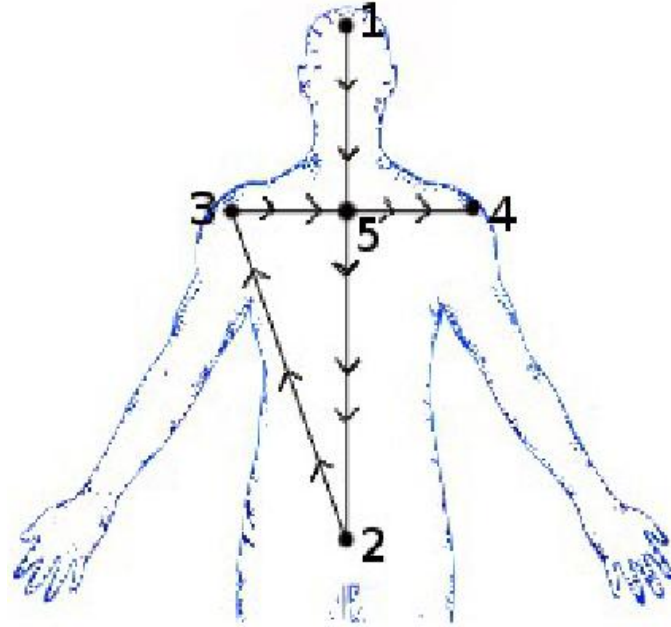


The L.B.R.P.

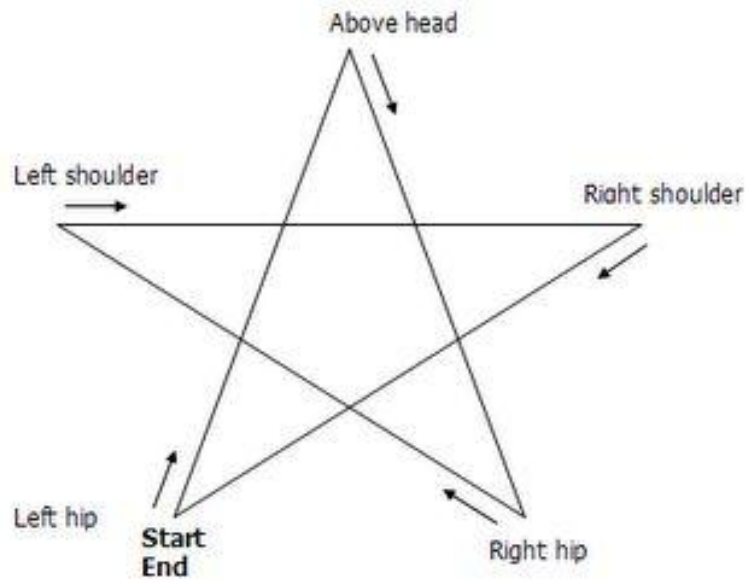
You will be using your Athame for this ritual. You should be facing **EAST**

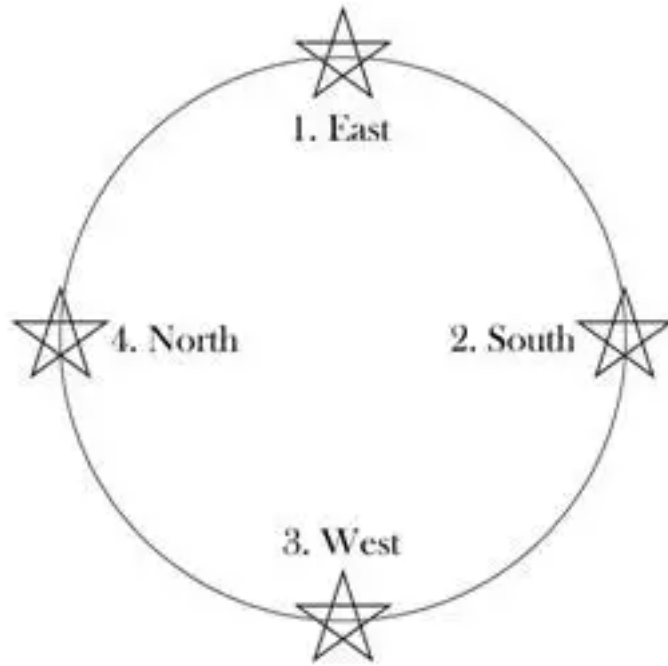
1. Visualize a bright white light beaming down from the heavens. Take your athame in your right hand and reach up to connect your athame to the light
2. Bring the light to touch the tip of your forehead with your athame.
Vibrate the name **Ah-Tah**
3. Bring the light down to touch the groin and vibrate the name: **Mahl-Koot**
4. Touch the right shoulder and vibrate the name: **Vih-G'boo-Rah**
5. Touch the left shoulder and vibrate the name: **Vih-G'doo-Lah**
6. Bring hands together at chest in a praying formation and vibrate:
Lih-Oh-Lahm, Amen
7. Go to the **EAST**, take your athame and draw the pentagram, then point to the center (*when drawing the pentagram, you should visualize it as an electric blue like an lightning bolt: When pointing to the center with your athame it should be done with a thrust like you're punching*).
Then you will vibrate the name: **Yud-Heh-Vahv-Heh**
8. With your arm still pointing to the center take that center to draw a line to the **SOUTH**. Repeat step 7 then vibrate the name: **Ah-Doh-Nye**
9. Repeat to the **WEST** and draw the pentagram point the center and vibrate the name : **Eh-Heh-Yeh**
10. Repeat to the **NORTH** and vibrate the name: **Ah-Glah**
11. Carry the line back to the **EAST**. Then return to the altar and face **EAST**
12. Stretch your arms and hands out and say:
Before me, Rah-Fay-EL'
Behind me, Gahb-Ray-EL
On my right hand, Mih-Chai-EL
And on my left hand, Ohr-Ree-EL
For about me flames the pentagram
And within me shines the six-rayed star.
13. Repeat steps 1-6

Qabalistic Cross



How to Draw the Pentagram





The Ward

This will be one of your first practices of actual spell work. Which will also be one of the most essential magickal practices you will continue to use for the rest of this lifetime. That being said, Protection magick is always the most essential in all your spell work. That is why this is always the first bit of magick you will learn.

The Ward is a magickal entity solely attached to you. It is like your spiritual familiar. The Ward is much like your familiar but on an astral level. It can take whatever form it chooses too, physical or astral. Only you know its true form and only you know its name.

A Ward will always come back to you. When conjured it is to be left alone to do its work. It is usually conjured to “ward off” any unwanted entities and keep guard of an area.

CONJURING THE WARD

Preparation:

1. Gather natural materials/ talismans such as -skulls, feathers, bones, spider webs, crystals, stones, etc. you'll need at least 3 of these and can have up to 9 but it must be an odd number. After which they should be wrapped together in a natural material such as linen or leather.
2. All things that make up the ward are to be blessed and treated as talismans
3. You will have to give it a limited time cycle. Times can be one lunar month, half a moon cycle, menstrual cycle, etc. No more than 30 days though
4. It will require a piece of raw meat that will feed the ward. It should be buried somewhere on the property within its range. The meat should be rubbed on you to hold your scent. After the conjuration it should be buried somewhere on the property. If you're in an apartment you can use a flowerpot
Time can be expanded by adding more meat. But keep in mind the usual time is 30 days. Any longer than that is when more meat should be added.
5. The materials that make up the Ward are to be kept in a secret place which is usually somewhere within the casting circle
6. You need to figure out its name. You can give it a name or ask it its name upon conjuring it.

RITUAL FOR CONJURING THE WARD

1. Sprinkle holy water and sea salt around the perimeter you wish the Ward to protect. Then take your athame or use your finger and do the same but visualize a flaming blue line coming from the point and when it completes, it forms a sphere

NOTE: If this is done for a house it should be done outside of the perimeter of the house, for an apartment or inside the house it is done from room to room forming one continuous line.

2. Now put whatever markings and/ or symbols you wish on the talismans, wrap them all together and seal it with wax.
3. Now say the following out loud:

**I conjure and call on thee, oh great Ward, (*State its name, then vibrate its name*) I call upon you to aid and protect me in my time of need! Protect this dwelling of mine from all those that would wish me harm and ill will. (*If there is a specific person or entity you wish to keep out, state it here*) Work your guardianship for (*state time frame*). I offer you this meat that is to be your food and nourishment. I will now leave you to do your work!
-So Mote it be!!**

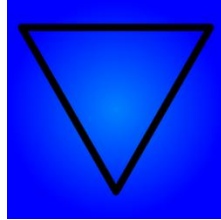
4. Bury the meat
5. Place the wrapped materials in its secret spot

~ END RITUAL ~

NOTE:

In the future when you do this ritual again, after you have completed this entire course, you will add an opening and closing ritual.

End of Lesson Review & Exercise



This will be your last exercise and test of lesson 3. As stated at the beginning you will be using the Elemental Correspondence table presented to do your work with the elements. Now you will be connecting with the element of Water. For the first part you will go off the questionnaire at the bottom of this and write your answers in a report format. For the next part of this test you need to research everything that corresponds to the element of water as you did in the last two lessons. Start by using the correspondence table and look over the water correspondences. Research everything on the table related to water and then you will expand upon that by finding more correspondences like gems, crystals, emotions, gods, spirits, chakras, parts of the body etc. After that you will write a report about what the element of water means to you along with the correspondences, at least a full page.

For your final exercise of this lesson you will work with connecting your spirit with the Element of Water. On the following page there is a symbol that represents this element. This tattva is called **Apas**. Its symbol is commonly viewed as a silver crescent bowl with the horns upward, suggesting its receptive quality. The subtle principle of sensation assigned to **Apas** is taste. It is the water element present in the body and in all matter. The name comes from the Sanskrit Apas, meaning “water,” and tattva, which means “reality,” “thatness” or “truth.” When enlightenment comes, it is felt by the happy recipient through all the levels of being. One of the effects is a salty, metallic taste.

There are a few different methods of doing this ritual of **Unity with Water**. First thing you will need is a stone or crystal that corresponds with water. You will be holding this during the ritual. The ideal of this ritual is to submerge yourself in water and meditate as you feel yourself become one with it.

- The first method and most ideal is if you are near the ocean and are able to find a Spot, sit in it up to your neck.
- The second would be to find a creek, lake, or river and do the same.
- The third method, you would use your bath. In which case you can add just a glass full of ocean or creek or spring water to it.

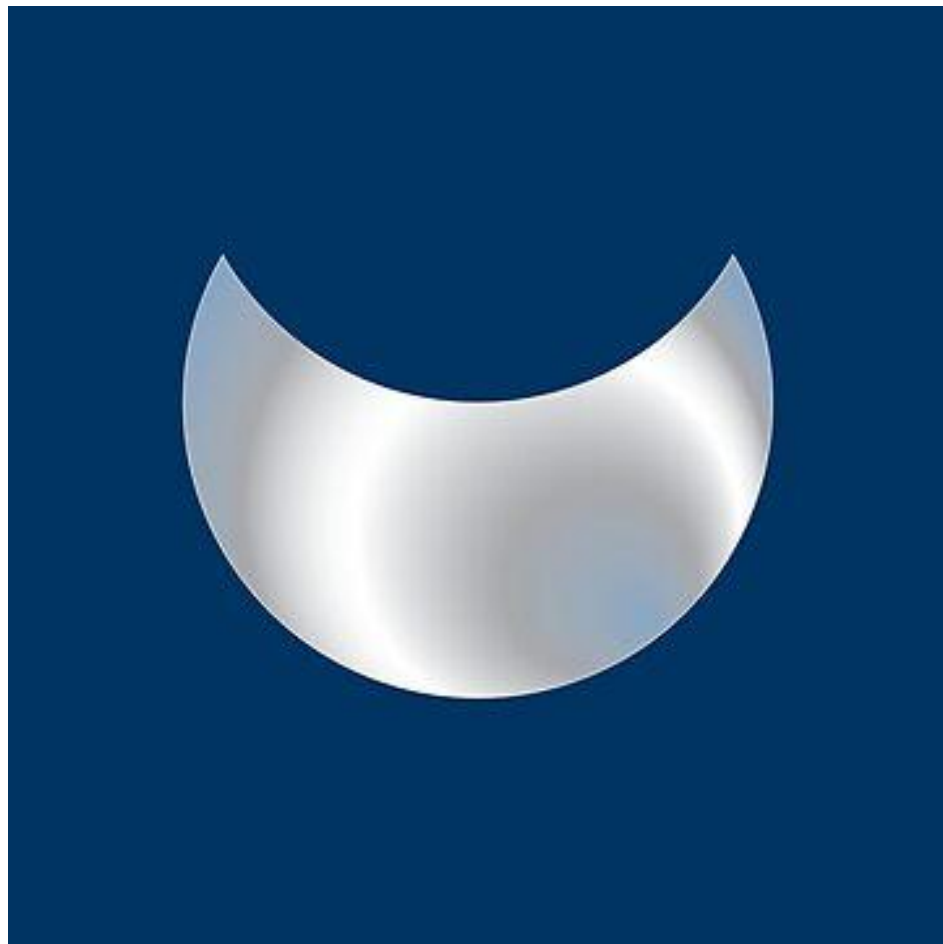
In all cases it should be performed at night on a **FULL MOON** and when the moon is at its highest in the sky. This only needs to be performed once. If you are doing this in the bathtub the water should be as hot as you can stand it and add a cup and half of sea salt to the water. The tattwa symbol can be taped to the wall opposite you so you can stare and meditate on it. You should stay submerged for at least 30 minutes. As you do this, feel yourself become one with water.

When you have completed write in your journal any sensation or things of importance that occurred.

Questionnaire:

- What does the element of Water mean to you?
- What sensations did you feel when doing the Middle Pillar exercise?
- Did you have any strange occurrences happen while doing the LBRP?
- How do you feel about the moon and its energy?
- What do you feel is your strongest clair?
- What did you learn while doing divination?
- What three tarot cards do you feel most drawn to?
- What did you learn most from this lesson?

-You have completed Lesson 3-



Lesson 4

The Element of Fire



Element of Your Desire, Actions, and Your
Ability to Manifest

Lesson 4



Reading list:

- The KYBALION: Hermetic Philosophy- by Three Initiates
- SPELLS & How They Work- by Janet & Stewart Farrar
- Earth Magic- by Scott Cunningham
- The Elements of Ritual- Deborah Lipp

Now it is time for you to start doing the work of the witch and work some magick. As each lesson was designed to build upon the other, you should now have the tools you need to properly and functionally work magick and learn devotional practices towards the gods. Being that this is the lesson of the element of fire, you will put your previous work into action. You will learn how to set up a ritual, how to cast spells and how to work devotional practices to the gods. Also, in this lesson you will learn more techniques in divination. So, as you can see this lesson will be your most intense and hands on workings. It will also be the longest of the lessons.

Since you have made it this far, you need to understand the role and function of the “witch.” As you have learned, not all witches are pagan and not all pagans are witches. This course is designed for the Pagan Witch. The role of the witch in pagan society was that of the shaman, the healer, the priest and councilor. A lot of stereotypes, myths and misconceptions of witches started from the book called *Daemonologie*. This book was written by King James VI of Scotland, published in 1597. It was a political yet theological statement to educate a misinformed populace on the history, practices and implications of sorcery and the reasons for persecuting a person in Christian society accused of being a witch under the rule of Christian canonical law. Later this book would be used as a manual for the witch hunts and trials throughout Europe along with the Inquisition. A lot of its contents discussed the ideals of how witches would have sex with Satan to gain magickal power, how a witch’s familiar was an animal possessed by a demon that the witch could control along with descriptions of vampires and werewolves. To the people of this time period, it was very real to them, even though it was based on complete misinformation, the book was meant to scare others into converting to Christianity and demonize any form of paganism. Which before then, the witch was still seen as described above (the village shaman). Several centuries later in the 1900's you began to see a rise in pop culture and media still delving into this mythological ideal creature of the witch through stories and rumors until we reached the 1980's with the “Satanic Panic.”

With all that being stated, working through this course you learn the true meaning of the witch and as you progress you will understand your role in society without the dogmas, stereotypes, and the ability to discern reality from false fiction.

Working with the Gods



This will be your first look at deity devotional work. It will be lengthy but it is one of the most important aspects of magick work, it is one of the main goals of what we do as pagans and as witches. So therefore, learning to work with gods and building relationships with them is at the core of our practice. It cannot be stressed enough, that before ever asking any spirits and/ or deities to work with you or ask them for blessings it is extremely important to build a relationship with them. A working relationship. Meaning you're not going to call upon them once and never talk to them again. Think of it in terms of a relationship you would have with a person. If you were to ask a stranger for help or ask them to give you something, they might look at you oddly but if you ask someone whom you have friendship with it's an entirely different approach. However, it must also be stated that you should never, under any circumstances feel or act as though you're entitled to something or ever be demanding about it. Deities are not here for your beck and call nor are they here to do your bidding. That sort of approach will get you know where fast and some deities may even teach you a harsh lesson for acting in this manner.

Everything in witchcraft is always a give and take scenario. Whenever you ask a god or goddess for something you must always give them an offering in return. What you give greatly depends on what you want in return. The greater the thing you want, the greater the offering you must give. And yes, in some rare instances an animal sacrifice is required. There will be more on sacrifice later in this lesson but it will not be something you are required to do. It is good to understand the nature of sacrifice, as it was a big part of how our ancestors honored the gods. When you have completed this ritual, write a report on both deities and your experiences.

Finding A Deity

You will be doing this set of God devotional work twice. Once with a male god and once with a female goddess. The deities that you decide to work with throughout this work should be a completely different deity you worked with in **Lesson 2**. So, in this case, you can pick a deity on your own or use the same method as in **Lesson 2**. But be certain it is one you wish to continue to work with because you will build an intense relationship with them. They can both be from different pantheons or from the same. It's entirely up to you because it is your relationship you are building. Remember, you will be working with several deities throughout your magickal life, and some will even come too you. However, it is not necessary to always do this amount of work with every single deity you decide to work with.

Note: While doing this work, do not work on both deities at the same time. Do the devotional work with one and complete it and then move on to the next. It does not matter which one you do first, just as long as you work with them both independently of the other.

Research The Deity

Now you must learn as much as possible about the deities. Read, research, meditate, understand them, learn their mythology. Most importantly, let their lives and myths be an example of how you would live yours. See them as role models.

Set Up a Shrine

After you've found the deities you wish to work with it is time to set up a personal shrine to them. This shrine should be separate from your working altar. It can be a small table or as elaborate as you want or what you will allow your wallet to supply. Just don't over do it. Statues and pictures, flowers and animal totems are good for this. You will also want to take note on what direction you should face the shrine your deity is associated with. This can be determined by the element they are in tune with. If you are uncertain, East is always the universal direction. If you are uncertain about the type of incense associated, Frankincense is always the universal incense to use.

Hymns:

Hymns are poems and songs devoted to a deity. They are usually used to either conjure the deity or to just give praise to the deity. You will be reciting a hymn to the shrine. At first, you can find some associated with your deity but you also want to write your own, in your own words. If you're working with Celtic, Egyptian, or Greek pantheons you can find the ancient hymns written by the priest of olde. It is good to use the ancient hymns to get better acquainted with how to write them.

Writing your own hymns should be comprised of these elements:

- All the names and titles the deity goes by
- The functions, attributes and energy they embody
- Words of praise, honoring them and how they make you feel
- A mix between their names, titles, and praises

For example: for the god Odin would go something similar to this:

“Odin! One eyed god!

Allfather, Grimmir!

Hear my words, oh lord of runes

Great god of sacrifice! Hanged one!

The one who gave his eye to Mirmir's well

I honor you, your deeds are mighty and your wisdom is immense

Wodanaz! Great are you Veratýr and great are your works!

This of course is very short and brief hymn, so you will want to make yours a little longer. You will want to work on reciting the hymns to your deity daily for a week. You can start by reciting the ones you find and then recite your own. You will also give offerings to the deity by placing them in front of the shrine. This can be food or drink and even handmade items. Leave them there for no longer than 3 days and then dispose of them in the woods, usually in front of a big tree. You can do this in the same manner as you did in Lesson 2

Deity Work Part 2

After you have completed the first part of deity work, sit at your altar or shrine of your deity.

- Recite the hymn you wrote.
- Then go into meditation briefly.
- Visualization: Think of the most divine presence you can understand, manifesting as a ball of golden white light in the heavens. Then see this ball of light descend down, slowly to where you are and resting at the crown of your head. When it does vibrate the name of your chosen deity.
- After a brief moment, see and feel the light descend down to your heart and again vibrate the deity's name.
- After another brief moment, see the light ascend down to your solar plexus and again vibrate the deity's name.
- Spend a few moments meditating with this visualization trying to feel the presence of deity within you.
- When you feel you have finished, leave the deity an offering



On the Nature of Sacrifice

As mentioned earlier, it is good to understand the nature of sacrifice, as it was a big part of how our ancestors honored the gods. You are not required to give a blood sacrifice but there may be times you feel compelled to. Animal sacrifice in ancient times had whole different meaning than it does today. It was always a livestock or grazing type of animal like the cow, goat, or pig. This is because it was something that was used to feed the clan. So, they were giving up something that was an actual sacrifice. Something you couldn't do without. In the eyes of the gods this meant you were willing to pay honors to the deity by gaining their favor for the whole clan or tribe. It was always about the benefit of tribe and not the individual. Some other reasons for sacrifice were for the blessing of the land, having a good harvest or to get the gods blessing if going to battle.

As far as human sacrifice goes, this was a rare occasion and the intended person to be sacrificed was always willing or agreed to it out of their own free will, with the exception of the South American tribes which is a whole other discussion in itself. And again, the willing sacrifice did this in benefit of the tribe. Those living creatures that were to be sacrificed, whether human or animal were always treated with the highest respect and blessed accordingly. The ritual would be elaborate, and the killing blow was always done with one single cut, usually across the throat. The blood would be harvested for blessing the tribe and the heart was the main offering to the gods.

Sacrifice today in modern times has whole different meaning. Not many pagans have the ability to work as a tribe so that an animal sacrifice would be beneficial. However, there are times that some deities may require some forms of this like in land taking, crop blessing or if you have children going to war for the military. In a personal practice there are other forms of sacrifice that are to be done when devoting yourself to a deity. This would include things like giving up something personal to you that you feel like you cannot live without. Some examples would be; a cherished family heirloom, money, your own artwork, a prize possession or even a drop of your own blood. These are the common types of sacrifices today, as in the practice of witchcraft everything is always a give and take scenario. So, you get what you equally give. And a lot of this greatly depends on the deity you work with.

Since we're on the topic of the tribe and this course is dealing with Pagan Witchcraft, the tribe today also has a different meaning. The tribe or clan was more than just your group of friends you hung out with. It was the people you lived with and seen every day. It was your extended family and a community. They would help each other without question, there were no ideals of keeping things for yourself or being selfish. Crops and livestock were all grown and raised for the benefit of the whole tribe. There was the core family that you lived with in the same house and then the extended family that were your neighbors. Today, in modern times, unless you live in a commune or have been lucky enough to take over a whole neighborhood, this can be seen quite differently. In most cases, it is a group of people who just get together regularly and unless they are all on the same page and share the same ideals of forming a tribe, the format or original ideal is quite different.

Ritual Tools



Now is the time you will begin to acquire your ritual tools. We will be examining what each one is in this section. Remember that the magickal tools are an extension of yourself and a representation of a specific element. All ritual tools should always be wrapped in cloth and stored properly where no one can find them. They are a part of you and an extension of your magickal power. When you acquire these tools either by making them by hand or buying them you should cleanse them by sprinkling holy water on them and then smothering them in the smoke of white sage. After your initiation you will be shown how to consecrate them. However, for now after you have cleansed them, smother them in the smoke of Frankincense. This also includes candles and anything that you would use for magick. You cleanse them the same way you did with your pentacle necklace.

Athame: (Air & Fire)

The athame is a ritual dagger. Most traditionally it will have a black handle and double-edged blade. It is never used for cutting, only for directing energy. At this time you will want to start looking for an athame if you haven't already found one. If you find one you like but isn't entirely to your taste you can always alter or paint the handle if need be. Making your own magickal tools is most ideal but we can't all always be blacksmiths, but we can alter things to the best of our abilities to make it our own. This will be your most important and most used tool. Once you pick one it is yours and may only ever be replaced once in your life. It will always be attached to you and will be a fragment of your magickal power. After your initiation you will be shown how to consecrate it.

Robe: (Spirit)

The other important magickal tool is your robe. Traditionally the robe is either black or white. This robe should **ONLY** be worn during ritual or magickal operations. Wearing the ritual robe helps to put you in tune with your magickal presence and also makes those spirits know you are a creature of magick. The reason they are one of the 2 colors is they are neutral. Using any other color may seem that you are representing a certain element or let a certain aspect or energy overpower your neutrality in the circle. Color symbolism can be very effective and important in some rituals so it's best for the practitioner to stay neutral. The type of robe you use is completely up to you but should have a hood.

The Pentacle: (Earth)

The pentacle that is placed on the altar can be made of any material like wood or metal but it should be at least 3" inches in diameter or bigger. It represents Earth and is placed in the center of the altar.

Chalice: (Water)

When the chalice is on the altar it represents the element of Water. It is used for ritual drinking or the sprinkling of holy water. It is traditionally either silver or blue and made of either a type of metal or stone.

The Wand: (Fire)

Usually, the wand serves the same function as the athame but in some traditions it is used to symbolize Fire. However, in most cases, you would have a wand for a specific purpose or ritual. It is not as widely used as most would think. Its popularity grew due to fictional media and pop culture. Ceremonial magicians use it mostly for controlling the elemental spirits of Fire and the Golden Dawn uses what is called the Rainbow Wand, painted with rainbow bands representing signs of the zodiac and is used for blessing certain objects. However, for now it shouldn't be too much of a concern, as you won't be using one for quite some time.

Incense Burner: (Air)

You will want to have an incense burner specifically devoted to ritual use. Ideally this can be any form of bowl or censor filled partially with sand. You can use a stick incense burner but most traditionally raw forms of incense are used, burned on a charcoal as it is in its purest form this way.

Bell

The bell is used to mark the certain breaks in a ritual or spell work. This is most normally done at the very beginning, after the opening, and at the very end. Sometimes for longer rituals it will be used to designate certain parts of the ritual. You can also just use a stick to knock on a hard surface or a staff to tap on the ground. Each time it is done in a certain symbolic number sequence.

Candles

The types of colored candles you use greatly depend on the type of magick work you are doing. Generally, you will always have either 2 white candles or one white and one black candle on your altar at all times, which are lit during all rituals. They are thought to represent the divine presence in your work. Which can represent the divine gods with 2 white candles or the divine positive and negative forces with one white and one black candle. In some practices, one can represent the god while the other represents the goddess. These altar candles are usually pillar or taper candles. All other candle colors are used for specific spell work which will be covered later in this lesson.

A few other ritual items you want to keep on hand are a small bowl of **Sea Salt** and a vial of **anointing oil** (olive oil can work for this as well.) Both of these are used for purifications, anointing, and very other types of blessings and both are pretty commonly used.

Altar Arrangements

Below is a diagram of how to arrange your altar. The diagram shows a basic layout. Traditionally it is arranged in accordance with the directions and elements. There are two different diagrams. One is facing North and the other facing East. There are really only two traditions that face North, Norse/ Viking and Irish Celtic. All others face East.

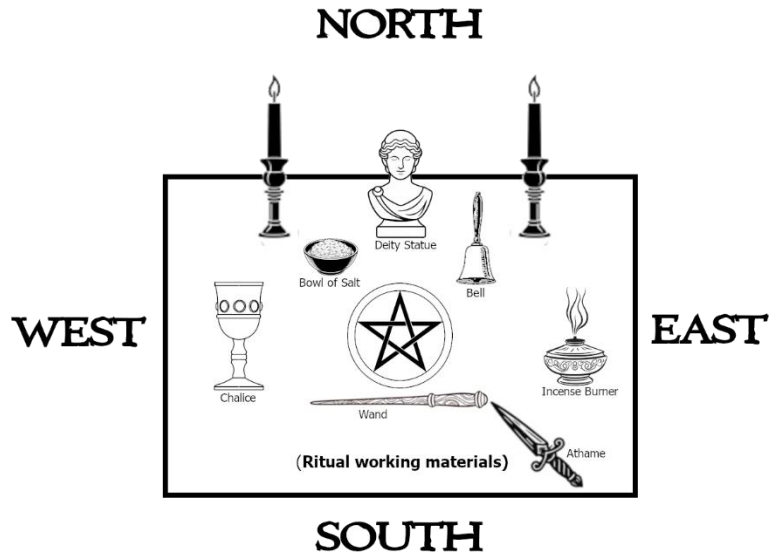
The Norse face the North because Asgard, the home of the gods is in the North. The Irish Celts face North because the Otherworld is in the North and the Tuatha De Dannan came from the North. It is said that since the North is the only direction that sun doesn't touch that it gets to gaze upon the entire path of the light.

Most other cultures like the Egyptians, Greeks and Romans, Slavic cultures and many other African pagan cultures all faced East mainly do the fact that the sun raises in the EAST and most cultures praised the sun in some form or another. Even the Native American tribes face East for their rituals. Most pagan philosophies imply that all things start in the East.

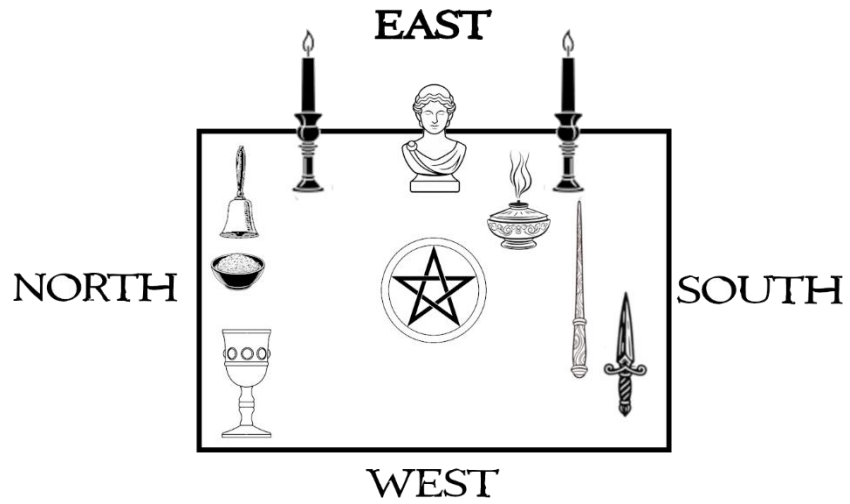
Which direction you choose greatly depends on which path you follow. How you place your ritual tools upon your altar also greatly depends on the path you follow. It all depends on what you feel when you're practicing. Your intuition will tell if it feels right.



Altar Arrangement Facing NORTH



Altar Arrangement Facing EAST



The Elements of Ritual:

Whether you're doing a quick spell or full blown ritual all traditions will follow the same basic formula, however they don't always have to be drawn out or elaborate but some do.

1. Opening:

The opening will consist of creating sacred space and inviting the elemental spirits in you wish to work with. It will always start with some sort of blessing of the ritual area and may also include banishing unwanted entities. Longer rituals may include inviting the elements and/or ancestors into your circle.

2. Calling to the Gods:

The second part is the second part of the opening. It is here you will invite the gods to your circle. Your sacred circle must always be blessed and consecrated before inviting in the gods.

3. State Your Intention:

After you have fully opened the circle, you will state the intended purpose of the ritual. It can be straight forward or as poetic as you like but the true intention must be made very clear.

4. The Body of Work:

This is where the actual ritual working or spell working is done. What you intend to accomplish or achieve.

5. Closing:

First part of the closing will begin with praising the deities involved and giving them gratitude.

Note: You never banish or send away deities. You merely give them thanks upon closing

6. Closing the circle.

Here is the final step. You send and cast out the spirits in a manner of saying "farewell for now" or something like that. At this point a hymn a farewell hymn or poem of gratitude is common. You will close the circle by doing a final banishing like the L.B.R.P.

This is how a ritual is performed. Some spell work does not always require a full ritual and can be done on a whim. But even if you do, you should always try to put yourself in a ritual mind set before doing any kind of spell work. Any time you call on a deities assistance you will want to create sacred space for them in this manner. Sabbats are always performed with this ritual formula.

A common opening ritual would look something like this:

1. Face East and sound the bell 3 times
 2. Circle the ritual area with the smoke of sage, salt and holy water
 3. Perform the L.B.R.P or equivalent
 4. Now says in a demanding voice:
***“I cast out all unwanted entities, wights and phantoms that do not belong here!
You are banished from this circle!”***
 5. Take your athame and draw a circle around the parameter of the ritual space, starting and ending in the East. As you do so, you will also visualize a blue flame of energy coming from your athame as it creates a circle. When the circle is drawn it will form a sphere around the ritual area and you will say:
“I conjure thee, Oh, Circle of Power, that thou beest a meeting-place of love and joy and truth; a shield against all wickedness and evil; a boundary between the world of men and the realms of the Mighty Ones; a rampart and protection that shall preserve and contain the power that we shall raise within thee.”
 6. **Calling The Quarters:**
Starting in the East and then to the South, West and North until returning to the East. At each direction you will summon their presence and energy by saying something similar to:
“I invoke thee, Oh great spirits and ancestors of the East! From the breaths of the earth to wind blowing in the valley's I call to you. I ask thee to you bare witness this ritual and bring they blessing!”
- Each invocation should reflect their element and attribute.
7. Now it is time to invoke whatever deities you are working with
 8. Sound the bell and then perform the body of your magickal work.
 9. When you are finished, the bell

Closing

If there is an opening, then obviously you need to have a closing to contain the energy you just raised. Not closing your ritual area can have negative consequences like haunting and spirits running rampant or even spirits lingering around causing chaos in your life. You are also closing the gateways you opened during ritual.

To perform a closing ritual you are basically doing the opening ritual in reverse. A common closing ritual would look something like this:

1. At the end of your ritual you would address the spirits by saying:
“Praise to the Gods and Goddesses you are divine and mighty in all realms. I Humbly thank thee for thy blessings and my gratitude for sharing this circle with me. May I be accomplished to stand on the threshold of your divine presence and be inspired by your majestic beauty.”

(you never banish a deity you simply bid them farewell)
2. Close the quarters:
Just like opening the quarters you do the same except you start in the North and then go to the West, South and then ending in the East. So you’re going backwards from the way the opening was perform. At each direction you say:
“I thank thee great spirits and ancestors of the North for thy blessing. I bid you farewell but forever stay within our hearts.”
3. Perform the L.B.R.P. or equivalent
4. Then you will say :
“ I now release any spirits that may have been imprisoned by this ceremony. Depart in peace and go with our blessings”
5. -End of Ritual-

Note: During your opening ritual you and everyone that may be working with you, should always be moving in a clockwise direction, the way the sun travels. This helps the energy of your circle rise and gives it more power. Even simply moving from one area to the next or turning around should all be done going clockwise. This is way we start in the East and end in the North. And in the same light, your closing should all have movement counterclockwise to properly close the circle.

Candle Magick

Now it is time to do some spell work. It will be a simple candle spell, but you will also perform the opening and closing ritual with it. In the future this type of simple spell doesn't necessarily need to have an opening and closing ceremony but for now you will do it to get used to creating sacred space. It is good, however, to always do the L.B.R.P. before and after your magickal workings.

This is an All-Purpose Candle Spell. First you need to think of the intent of what you want to manifest. Then you will need to get a candle of the appropriate color. The chart below is a reference guide for the type of color for the desired goal or energy it works with.

Make sure the type and size of your candle is an average to medium sized pillar or taper candle that can burn down less than 2 hours. Remember to cleanse your candle before using it and consecrate it with the smoke of frankincense. A thing to keep in mind is don't try for anything drastic just yet. For example: if you desire money, don't try for \$1000 or more. Try for something smaller right now like \$50 or \$100. In time when your magickal abilities increase you can go for more. You are just developing your abilities, which is like weightlifting and trying to start out lifting 300lbs. You may not be able to do it now but in time and with enough practice you can get there.

Candle Color Types

Red

Health, Strength, Sex, Passion, Courage, Protection, Defense

Blue

Healing, Peace, Happiness, Psychic Energy

Yellow

Intelligence, Confidence, Divination, Travel, Communication

Pink

Love, Friendship, Relaxation

Purple

Power, Healing, Meditation, Success and Victory, Spirit Communication

Green

Money, Finances, Prosperity, Employment, Fertility, Healing

Orange

Attraction, Energy, Desire, Action

White

Protection, Purification, All-Purpose

Black

Banishing Negativity, Absorbing Negativity, Cursing, Drawing in power

When performing this ritual, during the opening ritual, when it comes to invoking a deity, choose one of the 2 deities you have already begun to work with in this lesson. When you have completed this ritual, you will write a report on your workings which should include how you felt before, during, and afterwards, what steps you took to get to the ritual and why. And finally, what was the outcome. In preparation you should have all your ritual materials set up and ready on the altar. Make sure to read the entire ritual before doing it **NOTE:** You can also find corresponding anointing oils to rub on your candle to give it more energy and effectiveness.

The Ritual

1. Perform an Opening Ritual
2. You should be facing EAST
 - Meditate for a few moments
 - Rub the oil upon the candle
 - Light the candle and then hold it in both your hands.
 - Breathe deeply and visualize your goal.
 - Feel and see your intention flowing from your heart, through your arms and hands and into the candle.
3. Chant a poem or hymn that states your goal and desired outcome. You will want to write it in your own words and it helps to make it rhyme
4. Place the candle in a holder that should be placed upon the altar. Hold your palms around the flame and visualize and feel your goal filling it with energy.
5. Feel the energy begin to expand through the flame and then suddenly raise your arms up high as you release the energy into the universe. Hold this position for a moment and see and feel the energy expand out into the universe.
6. Sit and meditate for a few moments as the candle burns.
7. When you feel you are ready, bow your head to the candle in gratitude and extinguish the flame by either pinching it out with your finger or with a snuffer. **You must NEVER blow out a ritual candle.**
8. Perform the Closing Ritual

Afterwards, once a day for the next few days you will light the candle and let it burn for at least 15 minutes to half an hour at a time or until it has completely burnt down. Take caution and monitor it so you don't catch anything on fire. As the spell is active, it is best not to think about it in any form and just let it do its job. You do not have to perform the opening and closing ritual each time you relight the candle. Just light it and either meditate with it or go about your business.

Divination Techniques

While we covered divination a bit in the last lesson, here we are going to go over some different techniques. Divination is the act of seeing things that are unknown by our physical human perception. Most notably being able to see different outcomes in the future and hidden things in the past. Everyone has a psychic ability although most people aren't aware of it or even try to acknowledge it. Some people are born with a stronger psychic connection than others, while most have to practice to make it stronger and more fine-tuned. As previously mentioned, being psychic is like learning a new language. It isn't always spoken in words, most times you shown images in your mind's eye that you have to decipher. Sometimes it is your guides showing you things and other times it could be gods. Remember, words are just sound vibrations that we create without bodies in order to communicate with one another. If we go back and to what we learned in lesson 3 and imagine that we never evolved to use our mouths in such a way to communicate, or to go even further, how a disembodied spirit would communicate without the function of flesh to create words. On the material plane we mostly would have learned either sign language or eventually evolved to use telepathy. In both cases it would involve images instead of words. This is what is meant when saying being psychic is like another language. All Divination techniques are boiled down to 3 basic constructs

Divination Tools:

This includes things like Tarot, I-Ching, Runes, Bones, Ogham, Geomancy. These are used as tools to aid the practitioner in their psychic abilities and work.

Equations:

Astrology and Numerology are both methods that don't necessarily require psychic gifts to interpret. It involves calculating mathematical equations that predict an outcome, past event or current understanding. However, both are important when understanding the flow of specific energies which is necessary for certain spell work.

Scrying:

Also called seeing, is the act of looking into an object or thing of purpose to see future events, things hidden, or to gain insight, the list of types is endless as could be your purpose. Some objects used are a metal bowl of water or calm lake (**hydromancy**), a candle flame or mellow fire (**pyromancy**), crystal balls, dark mirrors, smoke etc. The ideal here is to set the object in front of you and stare at it until your eyes lose focus. You continue to let your eyes lose focus and stare in a meditative fashion. Eventually you will see images in the object or even in your mind's eye. It is up to you to interpret it. You are being shown what the universe wants to show you and not necessarily what you want to see.

Exercise 1

Scrying

Your next exercise is to pick three techniques from Scrying and practice them both. They are usually at night or in dimly lit dark area. In most cases you would set the object on your altar to see.

This is a list of scrying techniques. There is a much larger list which is too long to list here but these are the most common

- **Aeromancy:** (Cloud Gazing) Divination by atmospheric conditions
- **Ailuroomancy:** Divination from cats
- **Arachnomancy:** Augury: divination from the appearance and behavior of spiders.
- **Capnomancy:** Scrying using smoke, shapes, movements, colors, and patterns in smoke
- **Catoptromancy:** Mirror gazing divination usually a black mirror/obsidian surface
- **Catoxtromancy:** Looking glasses
- **Causinomancy:** Objects cast into fire.
- **Ceraunoscopy:** Thunder and lightning
- **Ceroscopy (Wax Scrying):** Dripping melted wax into water and interpreting the shapes that form.
- **Chartomancy:** writing papers
- **Crystallomancy / Spheromancy (Crystal Gazing):** Focusing on a crystal ball, polished crystal, or stone to receive visions.
- **Demonomancy:** Suggestions from demons
- **Entomomancy:** Behavior and appearance of insects
- **Geomancy:** Using the earth, rocks, or sand.
- **Hippomancy:** Divination from horses (not hippos!)
- **Hydromancy (Water Scrying):** Observing water in a bowl, often with light reflected on its surface, or studying ripples caused by tossing pebbles
- **Ichthyomancy:** Shape and entrails of fish
- **Lychnomancy (Candle Gazing):** A form of fire scrying that interprets images within candle flames or their shadows
- **Metagnomy:** Seeing future events in a hypnotic trance.
- **Myomancy:** Color and movement of mice
- **Oculomancy (Eye Gazing):** Staring into the eyes of a subject to receive visions.
- **Pegomancy:** Form of hydromancy using a sacred pool or spring.
- **Pyromancy (Fire Scrying):** Gazing into flames, candles, or glowing coals to see patterns
- **Roadomancy:** By the stars
- **Sciomancy:** Divination by the shadows
- **Stichomancy:** Sortilege using books
- **Tephromancy:** Patterns formed in the ashes of burnt offerings left to the Gods
- **Zoomancy:** Augury using the appearance and behavior of any animal

Exercise 2

We will not be covering divination tools in this lesson since we did in lesson 3. Instead, we are going to be looking at Equations. Both of these are used heavily in spell work. Making talismans, ritual timing, and numerical values are all key elements in spell work. We will be doing both numerology and astrology.

For numerology, the best book you will find on it is

- **Numerology: The Complete Guide: Volume 1: The Personality Reading :**
by Matthew Oliver Goodwin

Numerology is a method transforming letters into numbers or adding your birthday up to come up with a single digit number which holds meaning. It is the ideal of magick power in literal numbers. As with what the astrology can tell you about your birth, Numerology can tell you too about your personality, life goals, and outlook on past and current life cycles. The chart below is the Greek Pythagorean table which is the one most widely used. There are few others like the Hebrew Qabalah and the Chaldean tables, but they are a bit different and not so much based off our same calendars.

You start by adding up all the numbers in your birthday. For example: We'll use Gerald Gardner's birthday which was:

June 13th 1884

you would add that up as

10/ 13/ 1884

$1+0+1+3+1+8+8+4= 26$

Then round down the 26

$2+6= 8$

For the name it would be

GERALDGARDNER

$7+5+9+1+3+4+7+1+9+4+5+5+9= 69$

$69- 6+9=15$

$15- 1+5= 6$

6

Pythagorean Numerology

<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

You continue to round down to a single number unless your final number is 11, 22 or 33. In those cases you keep it but it is very rare. These numbers 1-9 and the 11, 22 and 33 all have a significance which you can find their meaning in the book listed or online. Later on, we will look at planetary tables in which numerology will make much more sense in spell work.

Astrology

For astrology you will need to acquire the books:

- **The Only Astrology Book You'll Ever Need: by Joanna Martine Woolfolk**
- **Llewellyn's New A to Z Horoscope Maker and Interpreter: A Comprehensive Self-Study Course**

At this point you don't need to get to in depth in astrology, nor are we able to lay out the foundation of astrology here because as you will find out it can be a lot to cover just the basics. For now, we are just getting you a good understanding. The study of astrology can be as endless as magick itself. Some people devote their whole practice to it. There are computer programs that can calculate charts for you but it is best you understand it better by first charting out your own natal chart by hand. It may look intimidating but it's not as complicated as it seems. And as always, you have your teacher to sit down with you that can show you how it's done. When you have done your own, you can do your friends and families as practice.

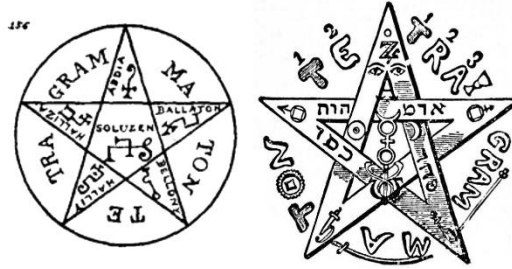
In the astrology books suggested above, you will find a chart that shows the astrological signs that were present at the time of your birth. You will need to find out the exact time you were born to complete this which should be on your birth certificate. This sign is called your "Rising Sign" and it is where your natal chart begins. Your natal chart is your true zodiac personality horoscope. There are three important signs that show your core personality.

- **The Sun Sign:** Core Self, the month you were born in. Your driving force
- **The Moon Sign:** Your inner world, describing how you experience your emotions.
- **The Rising Sign:** how we portray ourselves to the world, our outer image.

Your natal chart is broken up into 12 sections, often called "Houses". These 12 houses are ruled over by each of the 12 zodiac signs. You could think of them as different energy fields circling the earth as it rotates. As it moves, so do the planets and so does the space in which we occupy. So, when we are born at a certain spot in space and time, the energy is unique in its alignment.

Your reports for this section

1. **Scrying:** 3 different scrying techniques and their results
 2. **Numerology:** Calculate your own personality along with a friend's/ family members and a celebrity
 3. **Astrology:** Do three natal charts, your own, a friend's/ family members and a celebrity
-



Earlier in the course it was stated that if you can plan out your rituals, they will be stronger. Hopefully by now you can see what that means. By using astrology, we can plan out the best day and time to perform a ritual to have the most favorable desired effect. By using divination, we can try to determine if we should or should do the spell and what effects it will have. Numerology can also allow us to make our own personal sigils to empower ourselves.

For both Astrology and Numerology, they are not just a means of prediction, they are also used in spell work. For example, if you were to consecrate your athame, you could pick the exact time to do it to acquire the certain energy you might want it to possess based on the astrological significance. Also, if you pick its name you could come up with a name based on its numerological value. Planetary hours also play an important role in this. You will, in your magickal work, start to work with talismans, which all of this becomes crucial in that type of spell work. A talisman is any mundane object like a stone, piece of wood, paper, piece of jewelry like a ring or necklace that you would imbue magickal characters on to give it magickal power or energy. In most cases you would also give it a name as once created it becomes a magickal artifact and has its own life essence. The book you want to acquire for this work is:

- **Making Talismans: Living Entities of Power:** by Nick Farrell

Your next project is to make a talisman. You'll have 3 choices of the type to make.

- **Protection:** This is spiritual protection and it can keep unwanted spirits and energies away from you as a shield
- **Money:** Keep the amount reasonable like below \$250
- **Friendship:** This can be to attract a new friend or reunite with an old one.

Once you have decided on which one, you'll need to have all your materials ready. We will take you step by step and will go over the list. It should also be mentioned that there are many different techniques and methods of making talismans, this is just one of them, which is the most common. To begin with, we are going to look at the planets and how to draw the sigils.

There are whole systems of magick devoted to working with just the planets and you can get deeply in-depth with it. When it comes to magick the planets normally used are called the 7 Classical Planets. Which are the planets that the ancients were able to observe.

1. Mercury
2. Venus
3. Mars
4. Jupiter
5. Saturn
6. Moon
7. Sun

Obviously, we know that the Sun and Moon are not technically planets but for the sake of magick workings that's what they are referred as. The diagrams below is what is called the **"Planetary Kameas"**, sometimes known as **planetary squares** or **magick squares**. There are different ones for each planet. Each square is arranged so rows, columns, and diagonals sum to the same number, representing the planet's, or planetary intelligence's, energetic frequency. Used to design planetary seals (sigils) by drawing lines connecting the numbers corresponding to a spirit or intelligence's name. Each kamea represents specific energies and is paired with specific metals or herbs.

Example Working:

Below is the Kamea of the Sun. For this example we will be using the deity named Nuada who is a solar deity in the Gaelic Celtic Pantheon.

The first thing you need to do is refer back the Pythagorean Numerology table. Using that table, you need to transform the letters of his name into numbers.

N-U-A-D-A = 5-3-1-4-1

Now using the kamea draw a line at the first number then draw a continuous line from number to number making a circle marking the end.

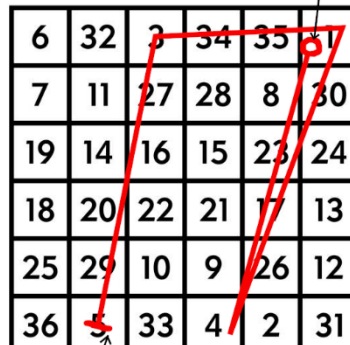
6	32	3	34	35	1
7	11	27	28	8	30
19	14	16	15	23	24
18	20	22	21	17	13
25	29	10	9	26	12
36	5	33	4	2	31

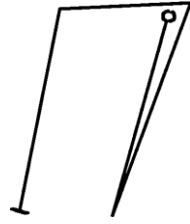
Sun Kamea

6	32	3	34	35	1
7	11	27	28	8	30
19	14	16	15	23	24
18	20	22	21	17	13
25	29	10	9	26	12
36	5	33	4	2	31

Start

End





Nuada Sigil

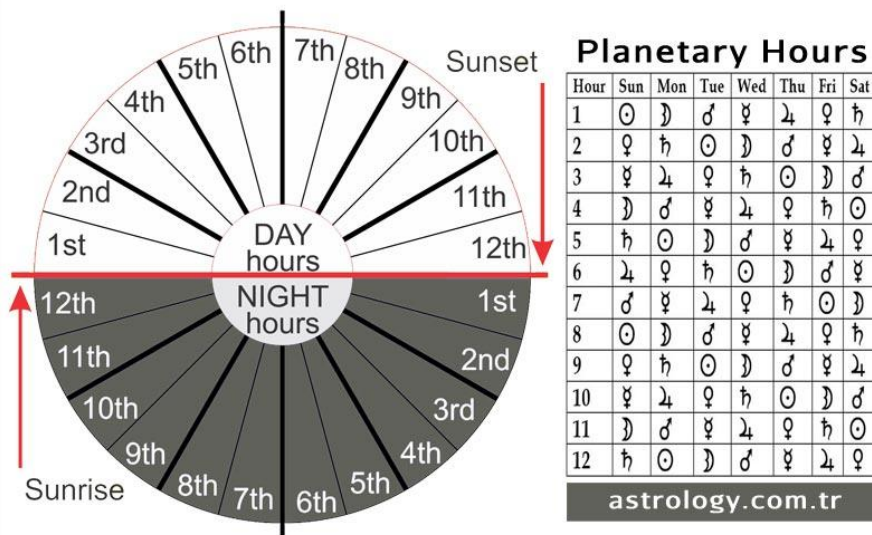
This line you just drew over the kamea gives us our personal sigil. The trick is, coming up with a name that will be able to be used on the correct kamea. The name you come up with is the personal name you are naming your talisman. Remember, earlier we spoke of bringing your talisman to life, giving it a name is part of that process. You can even do it with your own name to have a personal talisman. But for the purpose of this practice, you need to come up with a name that reflects the nature of the talisman you wish to create.

Planetary Hours

The next part of this is understanding **Planetary Hours**. Planetary hours are not the same as our normal 60 minute hours. First off, they will always be listed in military time so you will need to get familiar with that. Secondly, a planetary hour could be 18 minutes, 46 minutes or even 1 hour and 12 minutes. It's based on the velocity, where and how long a planet is relative to your position on earth. It's very similar to calculating your rising sign in your astrology chart. It always starts right at sunrise, which would be your First hour and the last hour (hour 24) would be the time right before sunset.

Fortunately, in our modern times there are plenty of apps and websites to look this information up. You simply input your day, time, and location and it will give you the times of the planetary hours of that day.

A good website to use for this is : www.astrology.com.tr



Planetary Attributes:

Mercury

Symbol: ♀

Day: Wednesday

Color: Blue, Grey, Orange

Metal: Aluminum

Stone: Agate, Azurite, Snowflake Obsidian, Turquoise

Plants/ Herbs: Bittersweet, Daffodil, Fern, Morning Glory, Fennel, Parsley, Hazelnut

Trees: Cedar, Hazel, Walnut

Incense: Mint, Lavender, Lemongrass

Attributes: Communication, intellect, learning, movement, and travel

Venus

Symbol: ♀

Day: Friday

Color: Green

Metal: Copper

Stone: Emerald, Jade, Agate, Rose Quartz

Plants/ Herbs: Verbena, Basil, Oregano, Passion-Flower

Trees: Alder, Apple, Cypress, Elder

Incense: Almond, Rose, Geranium

Attributes: Love, harmony, beauty, creativity, desire, pleasure, peace, and relationships

Mars

Symbol: ♂

Day: Tuesday

Color: Red

Metal: Iron and Steel

Stone: Garnet, Hematite, Ruby

Plants/ Herbs: Garlic, Ginger, Hemlock, Tobacco, Mandrake, Dragon's Blood, Benzoin

Trees: Hawthorn and Red Oak

Incense: Mint, Thyme, Ginger, Dragon Blood

Attributes: Action, direct action, physical energy, courage, passion, protection, conflict resolution, revenge, conflict, and physical energy

Jupiter

Symbol: ♃

Day: Thursday

Color: Purple

Metal: Tin

Stone: Turquoise, Lazurite, Sodalite

Plants/ Herbs: Mistletoe, Hyssop, Beech, Clove, Mistletoe, Sandalwood, Thistle, Sage

Trees: Juniper, Maple, Oak, and Pine

Incense: Sandalwood, Sage, Cedar.

Attributes: Abundance, growth, prosperity, wisdom, law, opportunity, money, and luck

Saturn

Symbol: ♄

Day: Saturday

Color: Black, Indigo

Metal: Lead

Stone: Amethyst, Hematite, Magnetite, Obsidian, Smoky Quartz

Plants/ Herbs: Chamomile, Comfrey, Solomon's Seal, Hemp, Patchouli, Mullein, Musk, Myrrh

Trees: Elder, Elm, Yew

Incense: Patchouli, Cypress

Attributes: Fate, Structure, discipline, responsibility, longevity, protection, time, structures, sanctuary

Moon

Symbol: ☾

Day: Monday

Color: Silver and White

Metal: Silver

Stone: Moonstone, Pearlescent, Pearl, Opal, Mother-of-Pearl, Quartz

Plants/ Herbs: Agrimony, Aloe, Angelica, Frankincense, Honeysuckle, Jasmine, Mugwort, Wintergreen, Wormwood, Yarrow

Trees: Maple, Poplar, Birch

Incense: Jasmine, Myrrh

Attributes: Intuition, emotions, cycles, mysteries, instinct, rhythm, things hidden and the subconscious

Sun

Symbol: ☉

Day: Sunday

Color: Yellow

Metal: Gold

Stone: Amber, Citrine, Tiger's Eye

Plants/ Herbs: Sunflower, Juniper, Rosemary, Safran

Trees: Ash, Birch, Juniper, and Oak

Incense: Cinnamon, Clove, Frankincense

Attributes: Vitality, success, victory, health, confidence, truth, organization and leadership

The Planetary Squares

Kameas

The Sun

6	32	3	34	35	1
7	11	27	28	8	30
19	14	16	15	23	24
18	20	22	21	17	13
25	29	10	9	26	12
36	5	33	4	2	31

Mercury

8	58	59	5	4	62	63	1
49	15	14	52	53	11	10	56
41	23	22	44	45	19	18	48
32	34	35	29	28	38	39	25
40	26	27	37	36	30	31	33
17	47	46	20	21	43	42	24
9	55	54	12	13	51	50	16
64	2	3	61	60	6	7	57

Jupiter

4	I4	I5	I
9	7	6	I2
5	II	IO	8
I6	2	3	I3

Saturn

4	9	2
3	5	7
8	1	6

Venus

22	47	16	41	10	35	4
5	23	48	17	42	11	29
30	6	24	49	18	36	12
13	31	7	25	43	19	37
38	14	32	1	26	44	20
21	39	8	33	2	27	45
46	15	40	9	34	3	28

The Moon

37	78	29	70	21	62	13	54	5
6	38	79	30	71	22	63	14	46
47	7	39	80	31	72	23	55	15
16	48	8	40	81	32	64	24	56
57	17	49	9	41	73	33	65	25
26	58	18	50	1	42	74	34	66
67	27	59	10	51	2	43	75	35
36	68	19	60	11	52	3	44	76
77	28	69	20	61	12	53	4	45

Mars

11	24	7	20	3
4	12	25	8	16
17	5	13	21	9
10	18	1	14	22
23	6	19	2	15

The Talisman

Now that you have all the tools and knowledge, you will begin to make your talisman. The Kameas on the previous page are designed so you can trace over them to get your sigil. When transferring your sigil from paper to your talisman just try to draw it to the best of your abilities. Remember, magick is all about your intent. The last thing you will need is one of the branches you collected to make your actual talisman out of. You can cut it down to your ideal shape. Ideally you would use the planetary correspondence of wood from a specific tree or metal. Metal can be tricky, especially if you're working with the sun because the amount of gold you would need would get expensive. So, you'll have to use your best judgment. Another method is resorting back to **Candle Magick**. You could turn your candle into a talisman and place your symbols on it and burn it for your desired outcome.

Another thing to add to your talisman is appropriate symbols and words written in one of the magickal alphabets.

To make your talisman first you'll have the preparation and then the actual ritual of charging it. The order you will do these in is as follows:

Preparation:

1. Decide what type of talisman you wish to make
2. Figure out the correspondences that fit the goal
3. Gather all the materials you will need, including the corresponding incense, and the material it will be made of will be one of the 3 branches you collected in lesson 2
4. Come up with a name for the talisman.
5. Find the corresponding planet and trace your sigil.
6. Figure out which other symbols you wish to place on it and make a note of it.
7. Find the appropriate planetary day and hour to make your talisman.

You should begin your ritual about 15 minutes before the planetary hour you selected and don't forget to perform your ritual always during the waxing moon. We'll go over what to do in the actual ritual after the process is listed.

Ritual

1. Perform an opening rite
2. Invoke a deity
3. State your intention
4. Make your talisman and write on it the sigil and symbols.
5. Give it life and blessing
6. Closing

Details of the Ritual

1. Perform the opening ritual as you have done previously.
2. Invoking deity: You will need to invoke one of the deities you have previously worked with throughout this course. State your intention to them and ask humbly for their blessings
3. State your intention of the ritual at hand, to the spirits and to the object out are making the talisman out of
4. Take your piece of wood, metal or candle and inscribe your sigil and other symbols upon it saying its name repeatedly. As you are doing this, focus your thinking on the intention you wish the talisman to procure.
5. When completed bathe it in the incense smoke you selected (Which should already be lit from the beginning of the ritual.) If you have corresponding anointing oil, now is the time to rub it on the talisman.
6. Now hold the talisman up to your face, in your dominant hand. Breathe on it and say:

I give you the breath of life, and name you: *(state its name)*. **I** *(state your name)* **give you life in order to** *(state intention)* **You,** *(state its name)* **are a talisman to perform my magickal work and my will.** *(state its name)* **may you be a living embodiment of my magickal work.**
7. Hold the talisman up high above your altar. Close your eyes and visualize a ray white golden light descending from the gods to blessing your talisman illuminating it with a glowing energy.
Grip the talisman firmly, then see your energy filling it with the intention you desired.
8. Place the talisman on your altar. Preferably on the pentacle if you have one. Leave it on the altar for 24 hours.
9. Thank the spirits and deity and do your closing

-After 24 hours you can keep it with you as desired-

Research Report 3

Below is a list of types of specific schools of magick. Like you did in lesson 1, pick 3 and do a report on them. Tell their history, their philosophy, and how their magick is used. This will give you an overall view of the many different ways you can work magick. Some people may dabble in just a few, while others may focus solely on one. While some of these are tied to a specific culture others are not and are open-ended. Unlike the report you did in lesson 1, those had more of a “religious specific” aspect. Some of these are eclectic and some are pantheon driven. This report also helps you to understand the difference between the practice of magick and the practice of paganism.

Types/ Schools of Magick

- Alchemy
- Balinese Leak
- Barang & Paktol
- Celtic Magick
- Ceremonial & Ritual Magick
- Chaos Magick
- Druidry
- Enochian
- Folk Magick
- Fu Talismans
- Green & Plant Magick
- Grimoire Magick
- Hedgecraft
- Hellenistic Magick
- Hermeticism
- Kemetic Magick
- Luciferianism
- Moon Magick
- Necromancy
- Planetary Magick
- Rune Magick
- Santería
- Seiðr
- Sigil Magick
- Sympathetic Magick
- Thelemic Magick
- Theurgy
- Thai Kong Khu
- Voodoo
- Wicca

End of Lesson Review & Exercise



You have reached the final step in Lesson 4, you will still have one more element, which is spirit, however it is short but necessary for initiation.

As stated at the beginning, you will be using the Elemental Correspondence table presented to do your work with the elements. Now you will be connecting with the element of Fire. For the first part of this test, you need to research everything that corresponds to the element of Fire as you did in the last three lessons. Start by using the correspondence table and look over the fire correspondences. Research everything on the table related to fire and then you will expand upon that by finding more correspondences like gems, crystals, emotions, gods, spirits, chakras, parts of the body etc. After that you will write a report about what the element of fire means to you along with the correspondences, at least a full page.

For your final exercise of this lesson, you will work with connecting your spirit with the Element of Fire. On the following page there is a symbol that represents this element. This tattwa is called **Agni**. Its symbol is commonly viewed as a red triangle on a green background. **Tattva Shakti Vigyaan** says every atom of our body and this universe is pervaded by fire and that's why it is the one with great transforming abilities. We feel its destructive nature when it gets uncontrolled, however destruction is not always contrary to growth. **Fire element** when in a balanced state instills passion, creativity, motion, will power and sensuality in us. It is the **Fire Element** that can help you ward off the darkness in your life as its nature is brightness. It is the power to digest, absorb, and assimilate both physically and emotionally. Through the proper use of this element, we learn to fully digest the experiences that we get from life. Fire is an agent of healing and transformation. When fire is present it produces dynamic change and purification. For example, when natural, low-intensity fires burn in the forest, they remove flammable undergrowth without damaging larger trees and encourage seeds lying dormant within the earth to grow. **Agni Tattva** is the fire which cleanses, transforms, warms, and produces light. It takes matter as fuel and turns it into energy.



For this practice you will perform it during the day, preferably when the sun is at its apex in the sky and you will be outside. You will make a small camp fire which doesn't have to be too big but a size to where you can feel the heat and will last at least an hour. About a foot and a half to 2 and a half feet diameter is good. During the meditation part of the ritual you will be sitting on the **NORTH** side of the fire, so you are facing **SOUTH**, so keep that in mind when you construct it. It is very important that when you start the fire that you do not use any sort of accelerant like gasoline or lighter fluid. There is no need to use flint and steel to start it unless you desire to but you can use a lighter or matches just as long as the fire can burn awhile. If you don't know the proper way to make a campfire just remember you build it from the inside out. Meaning you start with the most flammable stuff on the bottom and inside while stacking the harder to burn stuff on the outside. So, you start with crumbled paper, cardboard and then stack small pieces of dry wood and or hay around it and then finally placing bigger thicker pieces of wood around it in a teepee formation. And always remember to take proper care and safety measures when dealing with fire.

Before you get your fire going you will want to add a teaspoon of sea salt, a teaspoon of olive oil and a tablespoon of frankincense to make it a holy fire. Once the fire is going good, you will add the same amount of ingredients for a second time as stated in the ritual. Since this will be a magickal fire it is important not to throw garbage or anything like that in it. Only things that will burn cleanly like the wood and natural materials.

-This ritual can be done any time during the waxing or full moon.-

The Unity of Fire Ritual

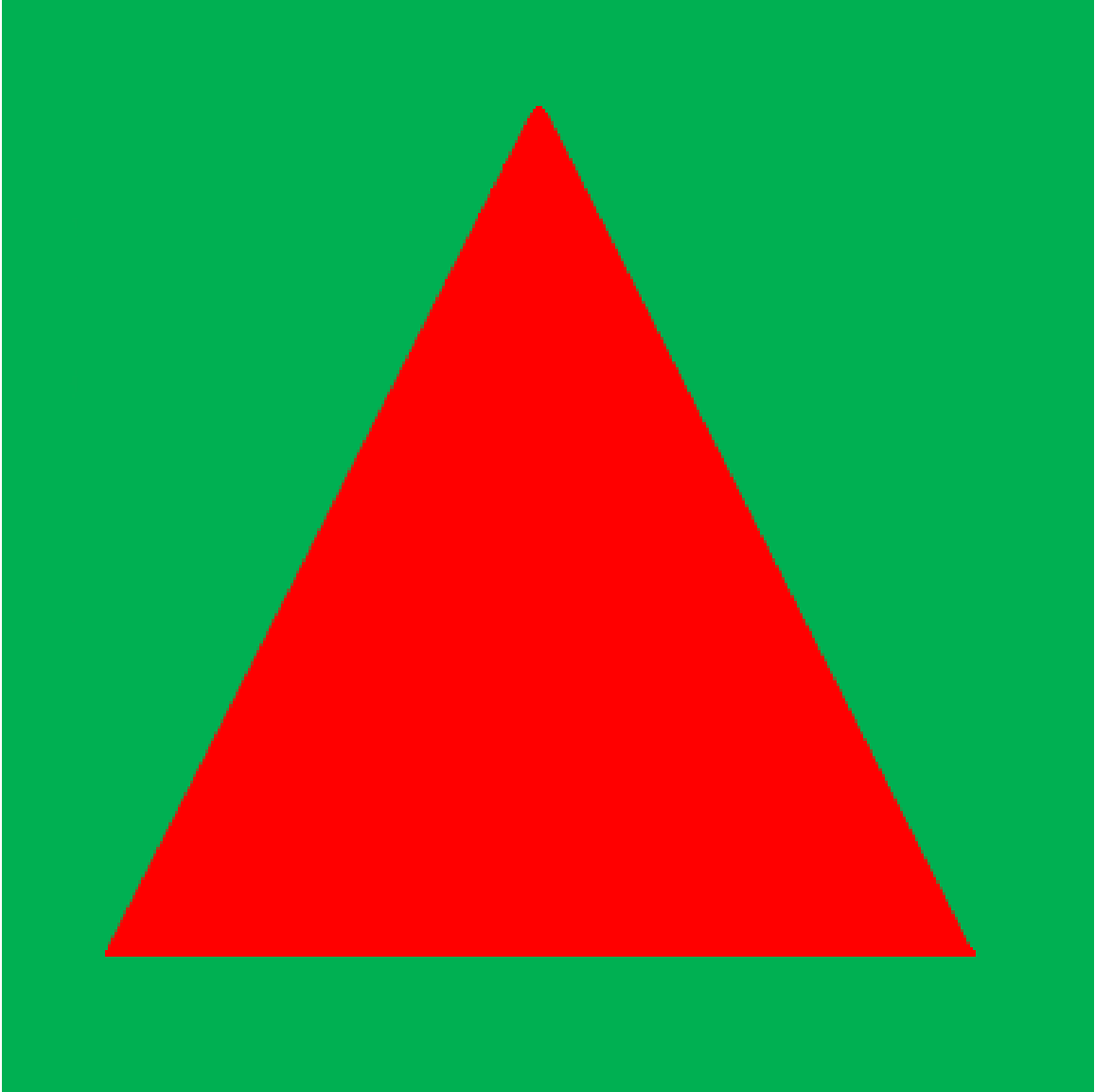
After you have got your fire going good perform the following.

1. Do the **L.B.R.P.**
2. Do the **Middle Pillar**
3. Add more wood to the fire to keep it going for the remainder of the ritual
4. Add the rest of the ingredients for the holy fire
5. Sit in a meditative position on the North side of the fire facing **SOUTH**.





Take the tattva picture of Agni and stare at it. If you have a crystal or gem that represents the element of fire you will want to hold it in your left hand. Meditate on the Agni Fire symbol with the fire burning behind it. Place the paper on the ground while still holding the crystal and focus on seeing the Agni symbol in your mind's eye. Feel the heat of the fire, feel at one with it. Feel your self absorbing into it as it absorbs into you. You will continue this meditation process for at least 10 minutes. Then you will vibrate the name **Agni** 6 times. After you finish the vibrations, you will go back to meditating on the symbol for a few more moments. If your fire is not too big you can sit there and stare into the fire until it burns out. If not, when you feel you are finished make sure your fire is out before leaving it. Since it is a magickal fire you will not want to extinguish it with water but let it burn down and/ or smothered with dirt.

When you have completed this ritual, you will write a report on your process and feelings about it.

Since this is the last lesson, you will also write a report on your feelings towards magick and witchcraft. What has changed since you started this training and how you feel now. When you have completed this portion, move on to the final element of spirit.



Hindu Tattwas

TATTWA SYMBOL					
TATTWA	Prithivi	Apas	Vayu	Tejas (Agni)	Akasha
WESTERN ELEMENT	Earth	Water	Air	Fire	Spirit (Ether)
COLOR	Yellow	Silver	Blue	Red	Black or Indigo
SENSE (JNĀNDRIYAS)	Smell	Taste	Touch	Sight	Hearing
ACTION (KARMEN- DRIYAS)	Evacuation	Procreation	Handling	Speaking	Walking
NĀDAS (INTERNAL SOUNDS)	Bell Gong or Cymbal	Ocean Waterfall	Flute	Bees Crickets	Thunder Drums
ABSTINENCES (YAMA)	Theft	Sensuality	Untruth	Greed	Injury
OBSERVANCES (NIYAMA)	Contentment (Santosha)	Study of Self (Swādhyāya)	Attentive- ness, Purity of Mind (Prasādana)	Body Con- ditioning (Tapas)	Cleanliness of Body and Mind (Shaucha)
KLESHAS (THE FIVE SOURCES OF TROUBLE)	Ignorance (Avidyā)	Self- Personality Egoism (Asmitā)	Aversion (Dweshā)	Desire (Rāga)	Possessive- ness Fear of Death (Abhinivesha)

Path to Initiation

Spirit Akasha



You have made it to the end of this course. After you complete this final lesson, you'll be able to be initiated. Going forward, even after initiation, you may eventually want to be initiated into the 2nd degree. Most of your work after initiation is not so much book knowledge but wisdom. The type of wisdom that can only be acquired through the experiences of life, failures and successes, hardships and happiness. The gods test us in ways only the individual can understand. While some may teach differently, you should wait a minimum of at least one year before acquiring for your 2nd degree and at least another 5 years before your mastery. The reason being is, while you may learn a great deal from books, teachers and classes there comes a point where you start to see every book say the same thing and you've done a great deal of rituals and spells, some things can't be taught, some things need to be gained through life's experiences. The 3rd degree is more about maturity of the mind, like going through life altering changes. The type of experience that makes you change your whole perspective on life. But this is far in your future.

The actual initiation ritual itself will not be printed here because it is part of the tradition to remain secretive until it is performed. The first-degree initiation is one of the most important if not the most important ritual any witch or mage will ever go through. For it is the opening of the door. Up until now you are only an outsider, an onlooker of the mysteries. After you pass the various tests and take the Magickal Oath you have stepped through the door into a whole new world and become part of a brother/ sisterhood, a new magickal family. These ordeals (as they are properly called) will test your mind, your fear, your will and your faith. All for the purpose to show the Gods you are capable of handling the wisdom of the mysteries. It is not easy. However, it is all about mind control. You will become one with the four elements as you are tested by Earth, Water, Air and Fire. You will be reborn as a Witch.

After the Ordeals you will take the Magickal Oath (which is on the last page). It is a very serious thing. It is like a contract to the universe that you will uphold the laws of magick and keep the relationships with the Divine Ones sacred. It should not be taken lightly. As you will see the consequences of breaking this oath is very serious. So, you

must be sure you're ready to take the test. It is of your own free will. For it is not the laws of man that govern us but the will of the Gods and the forces of the universe that guide us

But don't let all this scare you. If you have made it to this point, then you are already following that oath. However, after you pass the test and take the oath you will find your magickal powers grow even stronger and your psychic abilities will widen their perception. You will have an eternal thirst for knowledge as your wisdom grows to new heights and your relationship with the Gods will be even stronger.

The actual proceedings and ordeals of the ceremony will not be listed here and not be known to you until the moment of trial. It is your actions and wisdom up until that point that will prepare for the test.

Before you undergo the **Initiation Ritual**, there are 2 more rituals that you must complete. They are the rituals of the spirit. The first one is similar to the endings of each lesson with the Tattwa. The Tattwa we are working with finally is **Akasha**. Which is derived from Sanskrit, it translates to "sky," "space," or "ether". Often described as the "Spirit Element" or "Aethyr," it represents the first mind of God or the "Quintessence" in hermetic alchemy. In its highest form, it represents the "space of consciousness" As the fundamental building block of creation, it is considered the most subtle substance, often visualized as a black or indigo ovoid/egg representing the void. Akasha provides a connection to the universe and the divine. This tattwa is associated with the vishuddha (throat) chakra.

The Ritual

The ritual for this one will be done at your altar and should be dawn right before sunrise, dawn. On the following page is the symbol for Akasha that you will be meditating on. It is a black upside-down egg. The sound to vibrate here while visualizing it is:

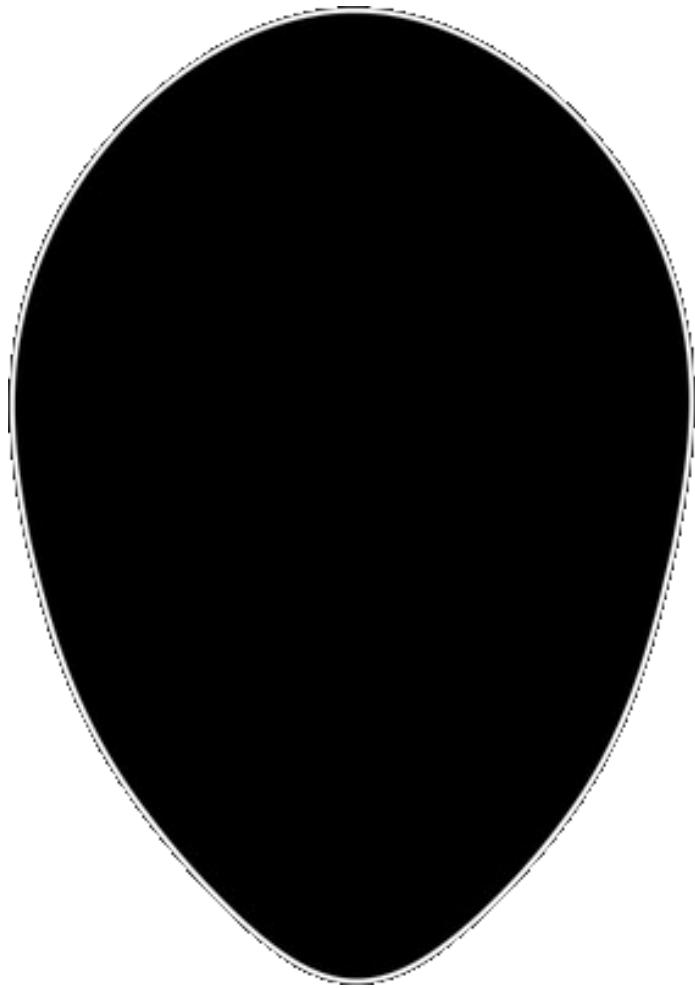
- **Ah.... Hum** (there should be a brief pause "ah" and "hum")

The ritual will go in this order:

1. Do the L.B.R.P.
2. Do the Middle Pillar
3. Burn Frankincense
4. Sit in a meditative position on the West side of the altar face East.
5. Set your picture of Akasha in front of you and begin to meditate on it.
6. After a moment of meditation, vibrated the sound 9 times: Ah.... Hum
7. Continue to meditate on the symbol for 10 minutes, see it absorb within you at your throat. and at the end vibrate the name:

OM, Sat Nom

8. Closing



The I.O.B. Ritual

Identify - Objectify - Banish

KNOW THYSELF

KNOW THYSELF

KNOW THYSELF

KNOW THYSELF

KNOW THYSELF

The second ritual is the **I.O.B.** Ritual. The IOB is a means of exorcising yourself by identifying a quality you don't about yourself and banishing it. So a word of warning: through this technique you will learn more about your true nature than you are maybe able to accept. However, that is part of this path, to know your positive and negative qualities, even what you don't like yourself. I can put you in a dark place for a duration but every practitioner of magick goes through it. You must embrace and love yourself. Really knowing yourself can be the most awe-inspiring and at the same time frightening experience imaginable. So approach with caution.

1. The "I" in I.O.B. stands for "Identify." Your first and hardest task in this technique is to identify aspects of yourself which you no longer wish to possess. Are you hard-headed? Egotistical? Self-centered? Insecure? Indecisive? Whatever it is, your first task is to identify it. Now, at the beginning this is quite safe, although it might not be too easy to admit to those things which you consider to be your own faults. Later, it will become easier to admit your faults on a conscious level, but you run conscious and may resist your consciousness. This will be the time to go easy. Never force something if it will not come easily. Work on one thing at a time.

2. The "O" in I.O.B. stands for "Objectify." The idea here is to build up an image which represents what you have identified. This can be any form although it should preferably be capable of life. Thus, a rock would not be as good for this technique as would an elf, or a dog, or the image of a demon. So in this step of the technique, you will create an image of what you want to eliminate. If you believe you get angry too easily and want to stop that, or if you feel you are too grouchy, you will make images of anger or grouchiness. These could be simply in your mind, or you could make actual drawings, collages, or even statues of the image. Making an image out of clay is best. Again, the ideal here is to give it a an image preferably a body and face. Make it look like something you despise. As you can see so far, this is the true nature of our own personal demons. So normally you would give it an ugly or demonic form. Once you have created your image you will name it. You can make up any name you want but it is important **NOT** to give it a name of a person or someone you know. Spend some time making this image as concrete in your mind as possible. Spend at least 3 days doing this. The next step is to give it life. Visualize the figure and do the **LBRP** around both you and the figure. Make the physical

art creation and the mental image unite. Next, do the Middle Pillar technique. When you sense the energy in the Middle Pillar, take a deep breath and with a full exhalation, send the life-giving (literally) energy down your arms and out your hands toward the figure which you have mentally created. Once you have done this it should remain on your altar until you are ready for step 3.

This entire process should take no more than a week

3. The 'B' in I.O.B. stand for “Banish.” This is the magickal equivalent of exorcism. However, the process of banishment, though based on the Lesser Banishing Ritual of the Pentagram, is a little tricky because we are banishing an unwanted part of ourselves.

The Ritual

Before you begin, purify yourself with a ritual bath

1. Perform the L.B.R.P. and Middle Pillar then meditate for a few moments.
2. You should place the image or sculpture you created on the west and just outside your magick circle. So, you should be facing west for the duration of this ceremony. Meditate on this image as you face it. Take time to build it up in your mind's eye as it begins to be a solid form. See a silver, wispy thin cord or rope that is connected to your solar plexus and the other end to the creature's solar plexus connecting the 2 of you together. Take a few moments to see this and become more apparent.
3. Now take your Athame and one swift motion cut the cord both physically and mentally.
Now in another swift motion right after you cut the cord, hold your hands next to your heart and then thrust both hands forward as you spread them apart as you visualize a bright blue light at the creature and shout out loud:

“BE GONE!”

4. Do the L.B.R.P.
5. Take your athame and point it at the creature and say in a demanding voice:
By the power and in the names of the gods and goddesses I do honor, I command you (name of your created image) **to dissolve, vanish, depart, disappear. You are banished forever and may not return.**

So mote it be!

Now see the creature dissolve into nothingness.

6. Once more do the **Middle Pillar** and when you have finished see that the creature has completely vanished from existence.
7. Do your closing ~ **End Ritual** ~

Path to Initiation

Initiation: The day of your scheduled initiation you should completely fast. Which means:

- No food, if you must eat, eat only very small portions of fruit or vegetables.
- Drink only water
- No sex or sexual acts of any kind
- No alcohol of any kind
- Take a ritual bath close to the time of the ritual.

Items to bring with you for the ritual are:

- The Athame
- Robe
- and any other magickal tools you have acquired like the chalice and tarot cards.

The **Magickal Oath** must be rewritten out in your own handwriting and read during the ritual.

The Magickal Oath

I (state your full name) , in the presence of the Divine Ones, as the Gods and Goddesses as my witnesses, do of my own free will and accord most solemnly swear to spiritually bind myself to follow the path of magick and have a spiritual life. I will to the utmost, lead an unselfish life and will prove myself faithful and a devoted student of the Divine source of All, the one who works in silence and not but silence can express, the unity beyond comprehensible unity. I promise and swear that with the Divine permission I will from this day forward, apply myself to the Great Work, which is to purify and exalt my spiritual nature so that with thy Divine aid I may at length attain to be more than human and thus, gradually raise and unite myself to my higher and divine genius and that in this event, I will not abuse the great power entrusted unto me.

As I am a creature of magick, I will hold the secrets of the dead and disembodied as I will speak only truth to them. This I swear my oath.

I further promise that I will keep secret and never reveal the secrets of the Magickal Arts or practices thereof except to the proper person or at the level in which they need to know. I will not claim to be anything more than I am, a student of the magickal way of life, light, and love. I promise to harm none with magick except in the utmost dangers of my own being and fellow clan.

I pledge that if I consciously deviate from this path of magick or cease to acknowledge the teachings of the Gods, Goddesses and other Divine Ones than all my magickal powers and psychic abilities will cease and fade until they are no more and a punishment only the Divine Ones can uphold as they see fit.

All this I pledge as my oath to the Gods, Goddess, Ancestors, and the Holy Divine Ones, so help me with my mighty and sacred soul.

Closing



In closing, you've come to your final steps on this journey. While it is also just the start of a lifelong path, you've been given the tools to use to be a witch. If you have completed all of this, you'd be surprised to know, that you've done much more than about 80% of the people out there that are claiming to be witches. While you may find other teachers that teach the craft differently, it doesn't mean they are any more right or wrong than the next. It just means it's a different perspective and a different way to approach things. Which is also a new learning experience. Always remember to approach every new learning experience as a beginner, no matter how much you feel you know.

As stated earlier, there are things that only life experiences can teach or you may read an entire book and only one paragraph or even one sentence may bring you an "eureka" moment. The truth is, knowledge comes from those moments when we least expect it, but we must also always trust our intuitions. Every new experience, rather good or bad, brings something new to learn.

This course was designed to guide you and to open new doors and see the world from a new perspective. The spiritual journey of Witchcraft is not about holding your hand and keeping you safe. It is about testing your boundaries, your limits and accepting change. It is about strengthening your mind and will. Sometimes that may involve going out of your comfort zone or doing things we don't like. This is how we overcome fear. To walk face first into the abyss with courage and confidence. If you fail, then you've learned what not to do next time. If you succeed, then you move further up the path. This is how we grow.

While other religions have one central figure who guides their followers to spiritual enlightenment or sanctuary, the witch guides thy self and takes responsibility for one's own actions. This is what makes the gods notice us, by our deeds and accomplishments.

Let your new journey begin and may the spirits guide you along the path.

Great Blessings...
-Brian S. Morgan

"A witch ought never to be frightened in the darkest forest... because she should be sure in her soul that the most terrifying thing in the forest was her"

- Terry Pratchett from Wintersmith



