

HOME BLESSING

O.B.O.D.

Whether or not you create such a sanctuary in your home, it is important that you feel safe and comfortable wherever you live. Then, from wherever you find yourself on the great web of life you can send positive influences out into the world, and in return receive positive energy.

To help you create a warm supportive environment in which to do this, you might like to enact this simple Blessing ceremony. It is based on Celtic blessings from the Scottish Highlands, and you can use it to bless your home and to open yourself to feeling fully at home wherever you find yourself living.

One evening, or day, when the moment feels right, fill a bowl with water and have some incense (unlit to begin with) that you can easily carry around (if incense disturbs your breathing, or you just don't like it, use a candle instead). When you feel ready to begin, close your eyes and imagine you are looking at the Earth from Outer Space. See it floating in the vastness of the Universe, with the sun, moon and stars shining. Then move down towards the part of the Earth you live in, and imagine you are looking down on the area around your home. Sense the earth and sky, the rivers and stars all sending their special energies to your home and the land around it. Now see your home itself, and imagine a circle of golden light around it. Now come into the home and open your eyes and look around you.

Say out loud:

'O Great Goddess I ask for your blessings on this my home, my hearth, my household.'

Then light the incense or candle and say:

'O Mórrígan (or whichever Deity you may wish to call upon), goddess of hearth and home, I ask that this incense/flame might be blessed in your name, that it may purify and cleanse this home, this place.'

Then walk through your home waving the smoke from the incense, or light from the candle, around the perimeter of each room, working sunwise around the home, and around each room. Then pick up the bowl of water and say:

'O Mórrígan, goddess of the well and the flame, I ask that this water might be consecrated in your name, that it may cleanse and purify, and bless this home.'

Then walk through your home sprinkling water from the bowl around the perimeter of each room, again always sunwise around the home and every room. (If you want to be really traditional, and you can get all around your house outside, then you can sprinkle around the house nine times, returning to the hearth to light the fire.) Then say:

'O Mórrígan, please bless this house: from site to stay, from beam to wall, from end to end, from ridge to basement, from balk to roof-tree, from found to summit, from found to summit.'

Then come to the place that feels most like the center, the hearth of your home, and sit down and read, or say out loud, the following blessing. And as you do so, imagine that Mórrígan is saying this to you:

'A blessing upon your home,

A blessing upon your hearth,

A blessing upon your sacred grove,

A blessing upon your.....

(If you have created a sacred space or sanctuary inside or outside your home now is the time to mention it. Use whatever term appeals to you: Sanctuary, Sacred Space, Sacred Circle, Place of Transformation/Meditation/Devotion etc).

A blessing upon your tallest grass,

A blessing upon your faithful friends,

(If you have children say:

A blessing upon your growing daughter/son/s),

A blessing upon the household's helpers,

A blessing upon your parents,

A blessing upon your occupation,

A blessing upon your goods and income,

A blessing upon your kith and kin,

A blessing upon this place of magic,

A blessing upon your work therein.

A blessing upon you in light or darkness,

Each day and night of your life.'

Spend a few moments feeling the blessings invoked infusing your home and your sanctuary, and then sense these blessings radiating outwards to your neighborhood and to the world, like ripples in a pool. Then, to finish, say out loud:

'O Great Goddess, O Mórrígan of this Hearth, I thank you for your blessings.'

Blow out the candle, and celebrate!